9.

ROYAL COLLEGE OF SU
-9 DEC 97

POCKET-LEXICON

of the

SPAS,

SEA-SIDE- AND CHALYBEATE WATERING-PLACES, SUMMER-RESORTS, SANITORIUMS, ETC.

of

GERMANY

(including sundry Austro-Hungarian bathing-places).

Compiled in

GERMAN, ENGLISH AND FRENCH,

the information contained therein being based on data furnished either by the respective administrations thereof or gathered from other reliable sources.

ENGLISH EDITION.

PART I.

LEIPZIG.
R. NEUBAUER & Co.
1897.

CONTENTS.

PREFACE.

LIST of the Spas, Sea-side- and Chalybeate Watering-places, Summer-resorts, Sanitoriums etc., with particulars concerning the same, arranged in alphabetical order.

ADVERTISEMENTS.



PREFACE.

Our **Pocket-Lexicon of the Spas, Sea-side and Chalybeate Watering-places, Summer-resorts, Sanitoriums, etc. of Germany** is designed to afford, in concise form, as perspicuous and convenient a book-of-reference as possible for those who seek information anent the characteristics, special features and such-like of the most varied kinds of seaside- and inland-watering-places, sanitoriums, summer- and winter-resorts, etc.

All prolixity in filling out the various descriptions has been avoided and only the most requisite information concerning the respective establishments, etc. is given. The publishers have likewise considered it desirable to abstain from giving scientific descriptions of the various diseases to which the respective places-of-cure are applicable, because such would only have rendered the work bulky, without making it perfect from the scientific point of view.

In order to be able to judge as to the special advantages of any particular bathing-place practical experience with regard thereto and a certain amount of knowledge in this direction is indispensable, and the various excellent works on balneotherapeutics, etc. would suffice in many respects.

But, with regard to a knowledge of the names of the numerous bathing-places of various kinds, the matter stands differently. Every practical physician knows full well whether a steel bath or atmospheric treatment is that which is suited to a complaint, but not the name of such as are best suited to the condition of his patient.

The editors of the present work are, therefore, of opinion that a pocket-lexicon such as this, which contains, in pithy form, particulars anent bathing-places, spas, summer-resorts and the like, will suffice to afford all necessary information in this respect.

The issuing of this work in three languages (English, German and French), combined with the remarkably low price at which the same is being brought out, will undoubtedly secure for it an exceptionally wide circulation — more particularly abroad.

The present first issue represents only extracts from the complete work and is principally intended to serve as a sample of the style in which our pocket-lexicon will eventually appear.

☞ Orders for the complete work may be given to booksellers in any country, or be sent in to the undersigned direct. The price for the same is 1 Shilling per section. ☜

We are emboldened to trust that the necessary interest will be shown in this, our undertaking, and we tender our sincere thanks to those who have already so warmly encouraged us by their confidence and support.

LEIPZIG.

R. NEUBAUER & Co.

ALPHABETICAL LIST

of the

SPAS, SEA-SIDE- AND CHALYBEATE WATERING-PLACES,

SUMMER-RESORTS, SANITORIUMS, ETC.

of

GERMANY

(including sundry Austro-Hungarian watering-places)

with

concise information concerning the same.

Aachen or **Aix-la-Chapelle** (Royal Prussian, Rhenish province), about 105 000 inhab. Post-, telegraph- and railway stations. — 173 metres above the level of the Baltic. — Climatic health-resort for spring and autumn. — Near to the Belgian and Dutch frontiers.

Medical and **bath-direction:** Royal bath-inspector: Dr. Beissel; Cure-inspector: Leuchter, Bathing-master. — **Treatment:** Alkaline springs containing sulphuric hydrogen- and hydrochlorate of soda, 45° to 55° C, warm sulphur-springs for bathing and drinking purposes; inhalation of pulverised thermal water; natural steam-baths in wooden-boxes. — **Springs:** Kaiser-Quelle (Emperor's Spring) (in the Kaiserbad building); Quirinus Spring; Rosen Spring; Cornelius Spring. — **Medical staff:** Dr. Adolph, Dr. Alexander, Upper staff-surgeon Dr. Angerhausen, Dr. Bardenheuer, Sanitary councillor Dr. Baum, Dr. Baurmann, Dr. Bayer, Dr. Beaucamp, Dr. Beissel, Dr. Ben Israel, Dr. Berliner, Dr. Bongartz, Dr. Braus, Dr. Bruckner, Dr. Capellmann, Dr. Chantraine, Dr. Chorus, Dr. Claessen, Dr. Classen, Dr. Compes, Dr. Cornely, Dr. d'Asse, Dr. Dremmen, Dr. Dressen, Dr. van Erckelens, Dr. Esselbrügge, Dr. Esser, Dr. Feibes, Sanitary councillor Dr. Frank, Dr. Goekel, Dr. Goldstein, Dr. Greve, Dr. Hasenclever, Staff-surgeon Dr. Heckmann, Dr. Heinen, Dr. Hommelsheim, Dr. Hoube, Dr. Jung, Sanitary councillor Dr. Jungbluth, Dr. Herm. Jungbluth, Army-surgeon Dr. Kæther, Dr. Kaufmann, Dr. Kirch, Dr. Klinkenberg, Dr. Kloth, Dr. Knops, Dr. Koch, Dr. Koll, Dr. Krappel, Dr. Kremer, Privy sanitary councillor Dr. Kribben, Dr. Julius Kribben, Dr. Laaf, Dr. Lang, Dr. Lauffs, Dr. Lersch, Dr. Lieven, Dr. Longard, Sanitary councillor Dr. Luxembourg, Privy sanitary councillor Dr. Mayer, Dr. Wilh. Mayer, Dr. Müller, Dr. Nöthlichs, Dr. Nössel, Dr. Quadflieg, Dr. Quintin, Dr. Rademarker, Dr. Reckmann, Dr. Reuter, Dr. Rey, J. G., Dr. Mich. Rey, Dr. van Rey, Dr. Rössler, Dr. Schmidt, Dr. Schmidthuisen, Dr. Schmitz, Dr. Scholl, Dr. Schröder, Dr. Schumacher, Dr. Schuster, Dr. Schweitzer, Dr. Schwerin, Dr. Sieberg, Dr. Sommer, Dr. Springsfeld, Dr. Sträter, Dr. Thelen, Dr. Thier, Dr. Thissen, Dr. Thoma, Govr- and privy sanitary councillor Dr. Trost, Dr. Trostorff, Dr. Viehöfer, Dr. Vossen, Staff-surgeon Dr. Weber, Dr. Weidenbach, Dr. Wesener, Dr. Winqs, Dr. Zurhelle. — **Indications:** The action of the Aix-la-Chapelle sulphur springs applies especially to the glandular organs and also to the mucus- and serus-membranes of the respiratory, digestive and sexual organs. The effect of the waters is that, while sligthly exciting, they act as solvents, so that they ared used with good results against gout, rheumatism, chronic catarrhs, abdominal troubles, liver-complaints, bladder and mercurial ailments, neuralgia, diseases of the lymphatic system, diseases of women, etc Aix-la-Chapelle has several cold iron-springs in addition to the warm ones, and such cold springs are in no respects inferior to those of Pyrmont and Schwalbach. These cold springs are principally used to combat general debility, irregularities in menstruation, cramps, convulsions, etc. Aix-la-Chapelle has, furthermore, a milk-cure-institute. — **Season:** All the year round. Summer-season: 1st May to end of October. — **Religious services:** Catholic, protestant, anglican and israelitish. — **Attendance** last year: about 12 000 patients. — **Hotels, boarding-houses (pensions), etc.:** Hotel z. Karlshaus, Krebsbad, Rheinischer Hof, Hotel zur Stadt Düren, Bleileben's Hotel, Hôtel de Bruxelles, Hotel zur Stadt Düsseldorf, Berliner Hof (Propr Crumbach), Hotel zum

grossen Monarchen, Hotel Nuellens, Kaiserbad (Büchel 26—30), Neubad (Büchel 34), Quirinusbad, Hôtel-Restaurant zur neuen Post, Fell's Hôtel-Restaurant, Grand Hôtel Kaiserhof, Hotel Franziskaner, Gasthof zum Kaiser Friedrich, Hôtel-Restaurant Altdeutsche Stube, Englischer Hof, Berliner Hof (Propr Graaff), Hotel Hahn, Hansen's Hotel, Hôtel de Bonn, Dubigk's Grand Hôtel, Hotel Hirsch, Hotel Legia, Hôtel Bellevue, Union-Hotel, Zur Kaiserlichen Krone, Johannisbad, Michaelsbad, Goldmühlenbad, Kloubert's Hotel, Comphausbad, Restaurant Germania, Schlossbad, Louisenbad, Zur Wartburg, Kaiserbad (Propr W. Lang Wwe.), Hôtel de l'Empereur, Meentz's Hotel, Zu den drei Thürmen, König von Spanien, Mohren's Hotel, Hôtel du Nord, Karlsbad, Hôtel-Restaurant Victoria (Propr Noppeney), Ohse's Hotel, Hôtel-Restaurant Vier Jahreszeiten, Schlangenbad, Hôtel du dragon d'or, Hôtel du chemin de fer, Schap's Hotel, Holländischer Hof, Schlenter-Paulussen's Hôtel-Restaurant, Schmitz's Hotel, Hôtel-Restaurant Victoria (Propr Schnaar), Frankfurter Hof, Sistig's Hôtel-Restaurant, Zum Kaisergarten, Hotel zum Elephanten, Prinzenhof, Hotel zum Triersehen Hof, Rosenbad, Neubad (Propr Willekens-Bey). — **Sights**: Belvedere on the Lousberg; Library in the city Comphausbath; Congress-memorial, Adalbertsweg; Cathedral and its annexes; Münster-Platz (cathedral square); Domschatz (treasury); Elisien-Brunnen (spring); Friedrich Wilhelm-Platz; Frankenburg-castle; Haeckländer's birth-place; Burtscheid; Hansemann-Platz (at the Cologne gate); Hauptmann's Brunnen in Alexander-Str.; Relics in St. Michael's, St. Adalbert's, St. Peter's and in the Dom (cathedral); »Heisser Stein«-Quelle (hot stone spring); Burtscheid; Jonas-Thor (gate) at Burtscheid; Courts of justice; Kaiser-Bad at Büchel, Kaiser-Fontaine on the Kaiser-Platz; Kaiser Karl's Statue on the Markt-Platz; Kaiser-Saal (hall) in the Rathhaus (guildhall); Kaiser-Wilhelm-Gymnasium; Koch-Brunnen at Burtscheid; Kornhaus (the old »Curie« or »Gras«) on the Fisch-Markt; Krieger-Denkmäler (warriors' monuments) on the Bahnhof-Platz and in the churchyards of Aix-la-Chapelle and Burtscheid; Kurhaus (sanatorium) in the Comphausbad-Strasse; Kurhaus at Burtscheid; Louisen-Hospital in the Boxgraben; Mariahilf-Hospital in the Stadtgarten; Marien-Säule (column) on the Rehmplatz; Marschierthor; Münster-Brunnen on the Münster-Platz; Militair-Casernen (barracks); Museum-Suermondt and Gemälde-Ausstellung in the Comphausbad-Strasse; Zeitungs-Museum on the Kloster-Platz; Oberreal-Schule (upper school of utility, art, science and language) in the Vincenz-Str.; Polytechnicum and chemical laboratory on the Templergraben; Präsidial-Gebäude in the Ursuliner-Str.; Pont-Thor; Post-office on the Kapuziner-Graben; Rathhaus on the Theater-Platz: Regierungs-(government-)Gebäude on the Theater-Platz; Reichs-(state-)Bank in the Theater-Str.; Romish baths in the bath-house »zur Königin von Ungarn« in the Edel-Strasse; Roman cold-water-aqueduct (restored) in the Kurgarten at Burtscheid; Collections of the individual subjects of instruction in the technical high-school; Slaughter-houses in the Jülicher-Str.; City theatre; Steffens-Brunnen on the Steffens-Platz; Swimming-institute on the Kaiser-Platz; Viaduct of the Rhenish railway and the school of weaving on the Box-Graben. — **Excursions to**: the Aachen and Burtscheid woods; Aussichts-Thurm (prospect tower) in the Aachen-wood; Altenberg (ancient mountain); Bleyberg (ruins of castle Schimper); Drimborn wood; Cornelimünster (2 hours); Eich (Eupener Chaussée); Eschweiler (ruins of castle Nothberg); Forest (village) Lindenbaum; Hunting-lodge on the Siegel; Gileppe (water-reversoir); Haaren (tram-car-station); Heimbach (cloister Maria-Wald); Kaiser-Garten, Forst, 93 Trier-Str.; Kaisers-Ruh (railway trip); Kalkofen (Admiral Elliot died

here); Karlshöhe and Kronprinzenrast; Klosterrath (Rolduc); Laurensberg (church, Linden-tree); Linzenshäuschen (Eupener Chaussée); Lousberg (Belvedere, Champier), Merode (castle near Langerwehe); Morcsnet (pilgrimages); Mulartshütte, Hunting-lodge Vossenack; Nideggen (ruined castle and hall); Paulinen-Wäldchen; the promenades in the city of Aix-la-Chapelle; Rahe (castle by the deer-park); Ronheide (railway trip); Salvatorberg and church; Schönforst (castle and country-seat); Schönthal in the deer-park; Schönthal, Wenau by Langerwehe; Seffent (seven fountains); Simpelveld (Dutch railway station); city- and botanical gardens; Tivoli (»Folie des Dames«); Vaals, Blumenthal (small-gauge railway station); Valkenberg (Fauquemont); Vicht-valley, Zweifall (by Stolberg); water-conduit in the Hitfelder forest; Wilhelmstein (ruined castle) and the zoological gardens.

Baden-Baden (Grand duchy of Baden), abt. 15000 inhabitants, post- and telegraph-offices and railway-station, situated by the Black Forest, 183 metres over the Baltic sea-level; climatic spa for spring and autumn with glorious parks and finely timbered surroundings.

Remedial agents: 44° to 69° C warm springs with 0,2 % of hydrochlorate of soda and 0,007 per 1000 of arsenical-acid-chalk for bathing and drinking use. — **Annual attendance:** 60000 persons. — **Principal season:** 1st May to 1st Novbr.; as a climatic spa especially from April to June and in September and October.

Dr. med. Otto Emmerich's Heilanstalt (sanatorium) für Nervenkranke and Morfinisten (nervous disorders and morphinm-victims) (neurasthenics, those in need of rest, change, etc.) **Baden-Baden.** — **Special treatment:** Abstention-courses [Morphium, Cocaïne and also Alcohol] (without compulsion and distress [see Dr. O. Emmerich's: »The cure of



chronic morphiumism without compulsion and distress.« Publish by H. Steinitz, Berlin, 2nd edition]). — Superintending physician: Dr. Emmerich; 2nd Physician: Dr. Hörsen: — Founded 1890.

Prospectus: I. Ingeneral: 1. Patients suffering from nervous eomplaints (neurasthenics, also those who are convalescent and those who need rest and refreshment) and particularly sufferers from morphium-, cocaïne-, codeïn-, chlorale- and aleoholie poisoning received for treatment. Those suffering from



View at the eastern windows of establishment.

mental disorders arc excluded. 2. Patients (or boarders) can be reeeived at any time, but it is desirable to give notiee bevorehand. 3. Position of the institute and neighbourhood: The institute lies scarcely 10 minutes walk from the Kurhaus, which lies amidst glorious park-like seenery in the healthiest position imaginable and is the point of departure for immediately adjacent walks in forests and parks. Whereas, on the one sidc, absolute rest is necessary to the patients, on the othcr hand, the curative promenades, the Lichtenthaler grove and the milk-institutc can all be reaehed in from 1 to 1 $^1/_2$ minutes by wooded and shady paths. Thc institute stands in large grounds used by the patients. 4. Thc apartments are throughout roomy and eomfortably furnished, while all care is taken to secure cvcry eonvcnience for the patients. The institute consists of a new edifiee, responding to all modern rcquiremcnts in thc shapc of strueture, and of eontrivances caleulated to advanec both eomfort and hygienc. — **II. Courses of treatment:** A) Nerve-sufferers, convaleseents, and suchlikc patients, etc. are treated according to their individual eases. In addition to the general treatment, reeourse is had, where indicated, to Franklinising, Faradayising, galvanism, electric and medicated baths, massage, calisthenics, water-treatment, ete. — and, in addition thereto, for asthma-patients, to treatment with oxygen. — B) Abstention-eures (against morphium, eocaïne, eodeïne, ehlorale, aleohol, ete.). 1. The treatment direeted by thc rcsidcnt-physician aims at »certain and permanent eure without eompulsion or distress«.*) 2. Thc course of treatment diverges materially from that hitherto adopted but it is carried on under strietly seientifie prineiples and with extremely beneficial results. In the last few years thc method has been greatly improved upon. It is absolutely devoid of constraint and thoroughly excludes all distress and danger to the patients. 3. A careful diagnosis of each individual case, eombined with a strietly scientific treatment of the principal ailment, form thc basis of the system,

*) See: »The cure of chronic morphiumism, etc. without compulsion or distress!« by Otto Emmerich, M. D. Published by Hugo Steinitz, Berlin S.W. 2nd edition.

so that it is possible to become convalescent even during the course of abstention. 4. The duration of the abstention-cure depends, as a matter of course, upon each individual case and the symptoms accompanying it. On the average 4 to 6 or 7 weeks may be estimated to pass through a morphium-abstention-cure. 5. Alcoholists are treated according to the latest, most approved method, which almost invariably produces perfect results. — **III. Pension- (boarding) terms:** From 7 to 15 marks per day, according to the choice of apartments, for patients. This price comprises: 1. lodging; 2. attendance; 3. full board, consisting of: breakfast, midday-meal, afternoon coffee, supper (warm) and (where desired) a snack for the night. 4. Medical treatment. Fuller particulars furnished on application to: the Superintending physician: Dr. Otto Emmerich. N. B. Every extra non-sick-person sharing the same room with a patient has to pay (all included) 6 marks per diem. — Servants accompanying their employers are charged for board and lodging from $2\frac{1}{2}$ to 3 marks per day. Telegram-Address: Dr. Emmerich B.-Baden. ☞ See also advertisement. ☜

Baldócz [spa] (Upper Hungary), post- and telegraph-office and railway-station at Szepes-Váralya; opposite the Zipser castle, 433 metres above sea-level, at the foot of fir-clad heights. — Valley-climate, sedative.

Remedial agents: Warm mineral baths, peat-baths, cold-effervescing baths, mineral springs containing Glauber- and magnesia salts, chalk and iron springs with high percentage of carbonic acid. — **Physician:** Dr. Aristid Kiraj. — **Maladies:** Stomach- and bowel-complaints, liver-, gall- and kidney-troubles. — **Season:** 15th May to 30th September. — **Attendance** last year: 262 persons. — **2nd class hotels:** Curhaus, Schweizerhaus. — **Entertainments:** Balls, music, tombola and skittle-alleys. — **Excursions to:** Branziszko, Zipser castle, Bundzofka and Krompacher mountains.

Berlin (Prussian capital, province of Brandenburg), about 1 700 000 inhab. Post-, telegraph- and railway-stations.

Privat-Heil- und Pflegeanstalt »Berolinum« für Gemüts- und Nervenkranke, Lankwitz by Berlin (Private sanatorium for mental and nervous complaints), corners of Berliner- and Victoria-Strassen.

The institute, which may be reached within 15 minutes by rail from Berlin, lies at the south end of Berlin and is separated from public traffic.

About 400 patients of both sexes can be received into the 5 buildings, which are arranged in accordance with the requirements of the age and are surrounded by shady parks. — Two medical men reside on the premises.

Full particulars are contained in the prospectus. ☞ See also the advertisement. ☜

Orthopaedic and medico-mechanical private-sanatorium, Berlin, N. (14/15 Johannis-Strasse).

Proprietor and superintending physician: Georg Müller, M. D. — The institute is open all the year round.

Bonn (Kingdom of Prussia, Rhenish province). City with 46000 inhabitants, post-, telegraph- and railway-station on the left bank of the Rhine; can be reached by rail or steamer. — Mild climate.

Sanatorium for nerve-patients and for the cure of victims to morphium and alcohol, Bonn on the Rhine. Propr: Dr. A. Schmitz. The institute is open all the year round. — **Treatment-tax:** 250 to 300 marks per mouth. The hotels, inns and boarding-houses satisfy all requirements, from the most modest to the highest. – Bonn is an university- and art-city. — **Excursions and entertainments:** Tours through the world-known Siebengebirge (seven mountains) and to the other numerous neighbouring places of resort; winter- and summer-concerts, theatre, etc.

Braunlage in the Upper Harz. High climatic spa, iron-peat-bath; also prized as a winter sanatorium; 600 metres over the sea-level; 1800 inhab. Lies very sheltered on the Wurmberg (dragon mountain), which has a height of 968 metres. High fir-forests closely surround the fast-growing watering-place and these forests offer facilities for miles of walks in all altitudes. Ozone-rich and dust-free air; a strengthening and health-inciting mountain-climate. Good hotels, family boarding-houses and many private dwellings provide for the reception and entertainment of strangers (3200 visitors in 1896). In the sanatorium (hydropathie institute) of the two spa-physicians patients find judicious care and treatment, while in the adjoining bath-establishment is to be had every kind of bath such as; peat- or moor-baths, pine-needle-steam-baths, etc. The surgery is on the premises. Detailed prospectuses forwarded gratis on application. Consumptive patients are not received.

Brunnthal-Munich (Kingdom of Bavaria), post-, telegraph- and railway-station at Munich. (For more details see »Munich«.)

Court-councillor Dr. Steinbacher's hydropathic sanatorium, Bad Brunnthal, Munich. — 540 metres over sea-level amidst magnificent park-like scenery, on the banks of the Isar and situated at less than 15 minutes from the centre of Munich. — Tram-car connexion. Post-office n° 27 is 2 minutes distant from the institute; telephone and telegraph in the house. — Exhilarating climate. **Proprietor of the institute:** Steinbacher; Medical director: Lahusen, M. D. (formerly at the Island of Sylt). — **Remedial agents:** Hydrotherapy, electrotherapy, massage and calisthenic treatment. — **Physician:** Dr. Lahusen. — The institute is open all the year round. — **Attendance** last year: 340 patients. — Munich offers every attraction in the shape of sight-seeing and excursions. — ☞ See also advertisement. ☜

Charlottenbrunn [spa] (Kingdom of Prussia, province of Silesia), 1400 inhab., railway-station, post- and telegraph-office. — A climatic spa at high altitude, situated in the southern part of the Waldenburg mountains in a valley that is only open to the S. S. E., being protected in all other directions by high forest-clad mountains. 495 metres above the sea-level. The heights consist of riven sandstone and porphyry and are therefore very pervious. The

climate is exceptionally mild and exhilarating, which is specially appreciable in the winter-months. The summer-time begins about a fortnight later than in the lowlands.

Bath-superintendent: District- and bath-president Loose. — **Remedial agents:** Alkaline kish(TheresienSpring); grand bathing-establishment for mineral-, fresh- and pine-needle-baths, douches, etc.; inhalatorium and swiss-milk-institute. — **Physicians:** Drs. Bujakowsky, Wiedemann and Hirt. — **Cases treated:** Complaints of the respiratory organs, the heart and heart-valves, anæmia, scrofula, nervous disorders and convalescent patients. — **Season:** May until October. — **Cure-taxes:** 1 person 12 marks; 2 to 3 persons 16 marks; more than 3 persons 20 marks for the whole of the stay. Half-tax from 15th August; the same for a sojourn of not more than 14 days. — Evangelical divine service on Sundays and Thursdays at 9 a. m. in the local church; catholic service on Sundays in the church at Tannhausen (½ an hour distant); israelitish service during the high season at the Josephinenhof. — **Visitors** last year: 1718 patients, 864 for pleasure, total 2582 persons. — **Hotels:** 1st class: »Deutsches Haus«; 2nd class: »Kaiserhof«, »Friedenshoffnung« and »Preussische Krone«. **Boarding-houses and lodgings:** Kur- and Badehaus, Parkschlösschen, Elisenhof, Aureliushöhe and Sanssouci. **Lodging-houses:** Waltersheim, Hugo's Höhe, Germania, Christianenhof, Lindenhof, etc. **Entertainments:** 2 to 3 concerts daily, forest-fêtes, illuminations, conversazione, etc. Large reading-room with over 100 newspapers, music-saloon. — **Attractive sights and excursions:** Reimsbachthal (valley), Lomnitzthal, Mühlbachthal, Schlesierthal, Burgs (castles) Kynau and Fürstenstein, the Goldener Wald (golden forest), Weistritzthal, Hohe Eule. Burg Neuhaus, der Lange Berg (long mountain) with the Hornschloss (castle), Görbersdorf, Salzbrunn, Braunau in Bohemia and much more besides. — Full particulars through the bath-direction.

Flinsberg (Prussian Silesia). 1700 inhabitants. Post- and telegraph-station. Railway station at Friedeberg o/Qu., about 4 miles distant. — Flinsberg lies at the foot of the Silesian Iser mountains, which range from 524 up to 970 metres and surround it; it is also protected from the north by high mountain ranges. It has free, delightful views, towards the north-east, onto the intermediate plain and, towards the south-east, into the Queis-valley.

Treatment: 2 drinking-springs (the Oberbrunnen — upper spring — which is the purest steel-spring in Germany, and the Niederbrunnen — lower-spring — an alkaline, earthy, acidulated iron-spring); spring-baths, peat- or moor-baths, fir- and pine-needle-baths, inhalation of fir-bark and pine-needle-air. — **Physicians:** Dr. Waldemar Adam, 1st bath-medicus; Dr. Joseph Siebelt, 2nd bath-medicus. — **Cases treated:** Diseases of the blood, chlorosis (poorness of blood), scrofula, rickets, all kinds of nervous disorders, diseases of women, of the respiratory organs, suppressed heart-troubles, weakness of the heart, liver and skin diseases. rheumatic and gouty complaints. — **Season:** 1st May to 1st October. — **Visitors** last year: about 5000. — Good hotels. — Glorious environs.

Frankenhausen [salt-baths]. (Kyffhäuser in Thuringia). Abt. 6000 inhabitants. 1st class post-office, railway and telegraph stations.

Capital of the subdominion of the Principedom of Schwarzburg-Rudolstadt. Lies in a pleasant side-valley of the Unstrut mountains, to the north closed in by the Kyffhäuser mountains and, to south and west, by the spurs of the Hainleite mountains. 138 metres over the sea-level. Climate mild, owing to its protected position.



Station. Panorama from the George-heights.

Bath-direction: I. Commercial councillor Wilh. Herrmann, director of the Pfannerschaft. (Salt-pans, salines and salt-baths); II. First bath-medicus: Sanitary councillor Dr. Græf; III. Bender, bath-commissary. — **Treatment:** 2 to 28 % salt-springs, 2 to 6 % saline-baths, in special cases with addition of mother-lye, carbonic acid salt baths (Keller's System) 3 %; steam baths; drinking treatment from the Elisabeth-Spring; inhalations of mechanically powdered salines in 2 inhalation-chambers. — **Physicians:** Bath-medicus sanitary councillor Dr. Græf, Dr. Steinhæuser, Dr. Lothholz, Dr. H. Græf, — **Cases treated:** Scrofula, chronic excma, rheumatism of the joints and muscles, heart-troubles, diseases of women, chronic catarrh of the nose, throat, larynx and lungs, incipient consumption of the lungs. — **Season:** From middle of May to end of September. — **Taxes:** 6 marks per person; 9 marks for mother and child; 12 marks per family. — **Divine service:** evangelical-lutheran. — **Hotels, inns and boarding-houses** (Pensions): Hotel zum Mohren, 1st class; Hotel Thuringer Hof, 1st class; Hotel Bellevue; Hotel Deutsches Haus; Hotel zum Adler; Hotel Strauss; Gasthof (inn) zum Schwan; Gasthof zum Loewen; Gasthof Grüner Wald; Pensions: Hugo Jœdicke, Fritz Werner, and numerous others. — **Entertainments:** Summer-theatre, social gatherings, excursions, garden-parties, etc. — **Excursions and noteworthy sights:** The Kyffhæuser with the Emperor William's memorial; the very remarkable Barbarossa-cavern; Rothenburg (castle), Saehsenburg, Ahrensburg; the Bendelebener Park, etc. Frankenhausen has a sanatorium for children (such as need bath-treatment and are between the ages of 3 and 14) with boarding-house for grown-up females; a district-hospital (for infectious diseases and cases of operation). — **Educational establishments:** Pro-college (Realprogymnasium), High school for girls, young ladies' boarding-school and a technical school.



Villas.



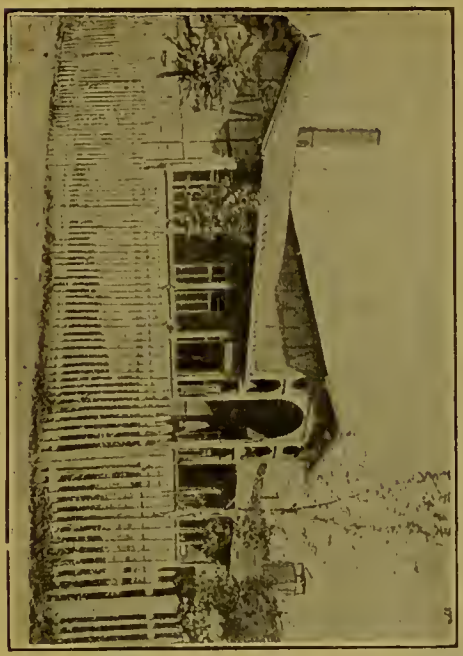
Chalk-valley.



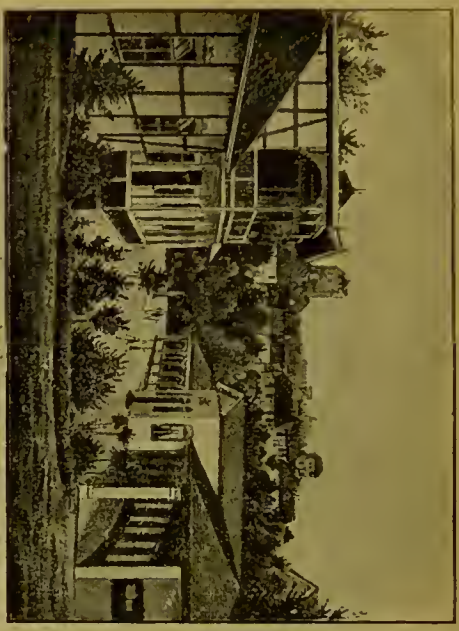
View in the Kalkthal. (Chalk-valley).



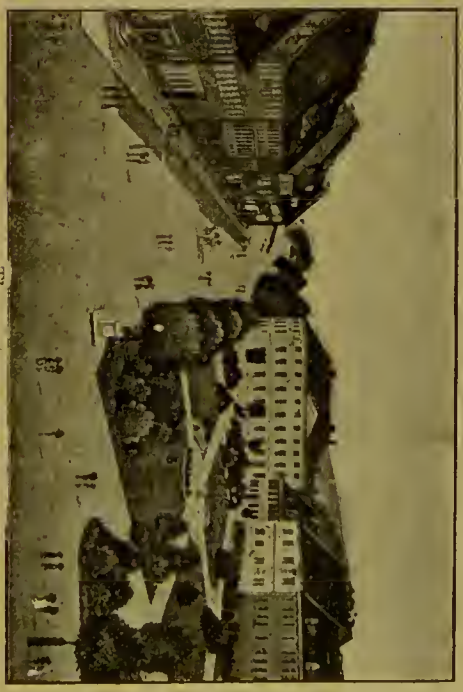
Upper bath.



The children's bath.



Lower bath.



The western green.



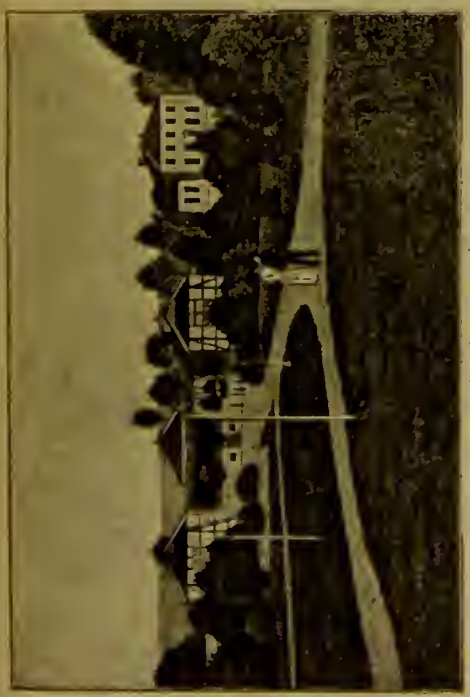
The eastern green.



Hotel zum Mohren, on the green.



Restaurant »Waldschlösschen«.
(Forest-château.)



The children's sanatorium.



The Elizabeth Spring.



The Ahrensburg.



Ruins of Rothenburg.



The lower church.



The Sachsenburg.



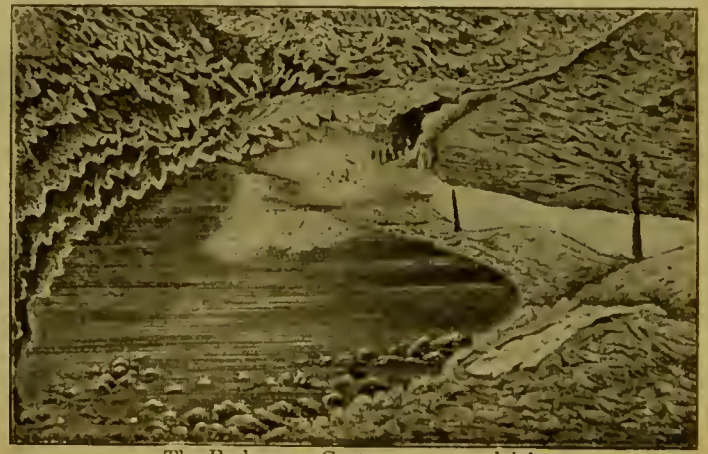
Emperor William's memorial.



The Barbarossa-hall.



Emperor William's memorial.



The Barbarossa-Grotto, cavern and lake

Georgenthal [climatic spa]. In Thuringia (Duchy of Saxe-Coburg-Gotha). 943 inhabitants; post-, telegraph- and railway-stations on the Gotha-Ohrdruf-Græfenroda, Georgenthal-Friedrichroda and Georgenthal-Tambach railway. — Lies on the nord-eastern slope of the Thuringian Forest, 387 metres above sea-level. Most splendid, richly timbered surroundings and strongly to be recommended as a spa, owing to the numerous walks available. Ozone-rich, fir-forest-air, equable climate, protected from north and west winds.



Spa-direction: President: O. Hamann; members of the board: Albrecht, Berthel, Zemke, M. D., teacher Vœlker, Kœllner, -Heide and Ortlepp. — **Remedial agents:** Forest-air, treatment in the grounds, baths of every description



(pine-needle-, aromatic-, iron-, saline- and sulphur-steam-baths). — **Consulting-physician:** Dr. Zemke (M. D.). — **Cases treated:** All kinds of nervous complaints, heart-troubles, catarrh of the respiratory organs, convalescents of every description, notably from inflammation of the lungs and pleura, influenza and diseases of women. — **Season:** 1st May to 1st November.

— **Taxes:** For 1 person M. 3.—, 2 persons M. 4.50, 3 or more persons belonging to one family M. 6.—. — **Divine service:** Evangelical, every Sunday at 10 a. m. — **Visitors** last year: 1209 patients and 1304 pleasure-seekers. — **Hotels and inns:** Hotel Deutscher Hof, Hotel Schützenhof, Schill's Gasthof (inn), Heubner's Gasthof. **Boarding-houses:** Amtmann



Schildt's and Fräulein Eyring's. — **Entertainments:** Kurhaus concerts by a military band, reunions once a week and collective excursions of the visitors under the guidance of the strangers' committee. — **Sights:** Totenkopf, Halbig's Thurm (tower), Steigerhaus, Neueshaus, Kandelaber, Hohe Gemeinde, cloister-ruins, the Hammerlake, etc. — Georgenthal is a favorite resort, thanks to its excellent situation and because it is very rich in short and long excursions, such as to Inselberg, Friedrichsroda etc.

Gerolstein (circuit Daun, govt district Trier, Rhenish province, kingdom of Prussia). 1200 inhabitants, post- and telegraph-office. Railway-junction of the Cologne-Trier-Saarbrücken-Strassburg and of the Andernach °/ Rhine-Mayen-Gerolstein-Prüm-St. Vith-Aachen or Belgium-Luxemburgh lines. Fast train-connexion with Trier, Cologne, Aix-la-Chapelle, Düsseldorf, Bonn, etc. — Gerolstein is the central point of the volcanic Eifel in the romantic Kyll-valley, opposite the superb dolomite rocks at Munterley and Auburg; 361 metres above the sea-level; renowned for its mineral springs, the »Hansa- and the Charlotten-Quellen«, the »Flora-Brunnen« and the »Gerolsteiner Sprudel« (bubbling fountain), as well as for its numerous petrefactions. — The average annual temperature is 9 ° Celsius, the rainfall 700 millimetres (27 $^1/_2$ inches). The climate has an exceedingly invigorating effect, so that Gerolstein is visited by nerve-sufferers with great advantage to themselves. An actual cure- and bath-administration does not exist. The present bath-establishment belongs to the firm: »Hansa- and Charlotten-Quellen«, proprietor: Johannes Bouché, Gerolstein. The establishment is open from 15th May to 15th October and furnishes: Natural carbonic acid mineral baths and douches, ordinary warm baths and river-baths in the bath-house on the Kyll. Drinking-cures are available, especially for complaints of the bladder, etc., but such cures have not, as yet, been reduced to a general system. The use of the

grounds of the Hansa- and Charlotten-Springs (covering an area of more than 3 hectares, or over 3000 square metres) is gladly permitted by the owner thereof, Mr J. Bouché. — **Physicians:** Sanitary councillor Dr. Walbaum, Theodor Schmitt, M. D. — Surgery on the spot. — **Season:** 15th May to 15th October. — **Divine service:** Evangelical, catholic and israelitish. — **Hotels:** Hotel Eis, by the railway-station, Hotel zur Post and Hotel Heck; both the latter are on the spot and all 3 are equally good. — **Excursions to:** Munterley, Papenkaule (Crater), Buchenhœhle (cavern), Casselburg (good restaurant), Mühlenwald, Gerolstein-Wald (woods). Longer tours: to Daun with the Maaren, to Kyllburg-Mauderscheid. — **Sights:** The large linden-tree of Gerolstein, which has a diameter at the crown of 35 metres and a trunk circumference of $6\,^1/_2$ metres.

Iwonicz (Galicia), 3400 inhabitants. Railway-station, post- and telegraph-offices — 29° 21′ east-longitude, 49° 41′ north-latitude — 410 metres above the sea-level. Picturesque, mountainous district on the northern slope of the Carpathians. The bathing-establishment lies in the midst of the splendid fir-forests. — Subalpine climate, mild, exhilarating. Average temperature (May to and including September) 15,03° C, average barometrical reading 725,10 millimetres ($28\,^9/_{16}$ ins), proportion of ozone 11,47.

Director of the institute: Andreas Oles, technical chemist. — **Remedial agents:** Drinking and bathing treatment, moor-baths, hydrotherapeutics, massage and curative calisthenics. — Analyses:

10 000 parts contain of:	Karlsquelle:	Amalienquelle:
Chloride of sodium	80.0667 591	67.4278 660
Bromide of sodium	00.3647 958	00.1748 530
Iodide of sodium	00.2400 700	00.1361 652
Carbonic sodium	16 3589 453	12 9231 959
„ protoarseniate of iron	00.0594 500	00.0956 910
Free carbonic acid	05.6274 370	02.8023 780
Together of solid parts	118.9688 730	98.2437 974

Physicians: Dr. Debicki Clemens, bath-medicus. Independent practitioners: Dr. Rościszewski Erasmus, Dr. Staniszewski Julian and Dr. Staüber Salomon. — **Cases treated:** Scrofulous complaints (whether of the glands, of the lymphatic vessels, or inflammation of the eyes, the bones or joints), exudative forms of sexually-sick women, parametritidis, chronic metritis and oophoritis, rheumatic and gouty exudations, syphilis, chronic mercurialism, morbid growth of the tissues of the thyroidea and rachitis. — **Season:** 20th May to end of September. — **Cure-Tax:** 5 gulden Ö. W. (Austrian currency) per person. — **Divine service:** Catholic. — **Visitors** last year: 2500 persons (without counting passers-through. — Accommodation is afforded by 22 villas with 507 rooms; all first-class in style. — **Entertainments:** Theatre, concerts, excellent Kurhaus-music, elegant ball-room, drawing- and reading-rooms with newspapers, well-selected library, extensive walks in the forests, delightful excursions to the romantic neighbourhood. — **Excursions and sights:** Bad Rymanów, castle-ruins at Odrzykón, Krosno with its old churches and tombs, the wilderness of St. John at Dukla and much more besides.

Kaiserbad (sanatorium and spa) by Rosenheim (Upper Bavaria), see under »Rosenheim«.

Krankenheil-Tölz [Iodine-spa and mountain-sanitary resort]. (Upper Bavaria). — 4000 inhabitants. Post-, telegraph- and railway-station. Gloriously situated in the romantic and delightful Valley of the Isar, on wooded mountain-spurs and protected against all unpleasant winds; 2467 foot above the Baltic sea-level; unusually refreshing and animating climate. — Average temperature during the season-months (June, July, August and September) abt 16° C. Maximum and minimum vary about 11° C. The warmest month is August (max. temp. 24° C.) the coolest September.

Iodine-soda- and sulphur-springs at Krankenheil (Jt Stk C0).

Director: Albert Kaiser, retired Ist. Lieut. **Board of supervision:** Theod. Gsell-Fels, M. D., Lawyer Rob. Maurmeier and Ign. Streber, M. D. — **Remedial agents:** The St. Bernhard Spring (iodine-soda- and sulphur-water) and the Johann-Georg Spring (iodine- and soda-water) which are used for drinking-cures, while for baths, in addition to these, the Anna and Karl Springs, as well as 2 further ones of like chemical composition, are used. The chemical nature of the Krankenheil curative springs is, according to the latest analyses of Messrs Fresenius, Wittstein and Buchner, as follows:

	St. Bernhard Spring	Johann-Georg Spring	Anna Spring
Natr. chlor.	2,966	2,371	0,302
Natr. bicarb.	3,344	3,846	1,945
Natr. iodat.	0,015	0,017	0,011
Natr. sulph.	0,051	0,153	2,933
p. d. m. In addition thereto these springs contain:			
Hydrothionic acid . . .	1,1	1,0	3,4
Carbonic acid	3,4	4,6	—

cubic-centimetres in 1 Zoll-pound.

These mineral waters contain other component-parts, namely: bisulphates of potash, lithion, magnesia, iron-oxide and mangan-oxide and also phosphoric-acid-lime and iron-oxide, silicic-acid-potash, silicic-acid, silicate of alumina and bromide of potassium. The St. Bernhard and Anna Springs taste strongly of hydrothionic acid (sulphur), that of Johann-Georg less so. The Krankenheil-spring-salts, which are obtained by evaporating the waters of the St. Bernhard and Johann Georg Springs, contain: Natr. chlor. 20,25; Natr. bicarb. 41,07; Natr. iod. 0,198; Natr. sulph. 9,1; Kali sulph. 1,298, etc. %. The Krankenheil spring-salt-lye is a strong alkaline reacting spring-salt-liquor, which is brought to the specific weight of 1,037 by evaporating the mineral waters. This liquor contains, according to Fresenius: Natr. chlor. 21,87; Natr. bicarb. 18,3; Natr. iod. 0,089; Natr. brom. 0,138; Natr. sulph. 0,316; Kali sulph. 0,504, etc. %. (The salts are computed without crystal-water.) Krankenheil soap-spirit, Krankenheil pastilles (lozenges). **Other remedies:** Salt-water-, pine-needle-, electric-, soap- and warm-water-baths, etc,; biioduret- and oxygen inhalations. Skilled assistants are in attendance for massage, soap-frictions, salvings, etc.; also female nurses. — **Physicians:** Court councillor Dr. Edelmann, Royal district physician; Royal court councillor Dr. Max Höfler, pract. physician, Dr. Ign. Streber, Hospital surgeon, Drs Emil Morgenstern and Ludwig Tretzel. — **Indications:** Diseases of women, scrofula, syphilis, chronic skin-diseases, chronic swellings of the glands of all kinds, remains of acute inflammation, nerve-troubles and palsy. — The actual bathing-season begins annually on 15th May and ends on 30th September, but the bathing and treatment can be carried on there all the year round. The Krankenheil iodine-baths are only given in the bath-house of the iodine-soda-sulphur-springs and in this house lodgings and, if so desired, board and attendance may be had. — **Visitors' tax:** Every stranger who stays more than 8 days at Krankenheil-Tölz has to contribute towards the maintenance

of the spa-band and the embellishment of the place. The tax is: for 1 person 8, for 2 persons 12, for 3 or more constituting one household 15 marks to the local revenue-account. — **Divine service:** Catholic, daily; protestant, every Sunday. — **Attendance** last year: 4000. — **Hotels:** Kurhotel, Kaiserhof (formerly Artmann) and Sedlmaier; in addition, sundry pensions (boarding-houses) and large and small villas. — **Entertainments:** Concerts, reading-room, dancing-parties, billiards in the conversation-house, lawn-tennis and croquet, fishing, shooting. Rafting-parties from Tölz to Munich take from 5 to 6 hours, according to the state of the river. Charming landscapes lie on both banks of the Isar; the trip is a very gratifying one. Walks and wider excursions are easily available; a guide book is obtainable.

Lauenstein (Saxony), climatic atmospheric spa. 800 inhabitants. Railway-station, post and telegraph. — In the Ore-mountains; 525 m. over the Baltic sea-level. — Invigorating and agreeable mountain-air, strengthening to the nervous system.

Cure- and bath-administration: The Mayor's office. — **Remedial agents:** Bath-house with river and full-length-baths, artif. mineral-baths, cold-water-cure, massage. — **Physician:** Dr. Schwarz. — **Indications:** Chronic catarrh of the respiratory and digestive organs, nervousness, poorness of blood, scrofula and adiposity. — **Season:** Middle of May to end of September. — No visitors' tax. — **Divine service:** Protestant. — **Attendance** last year: 440 persons. — 2 hotels, 3 inns and private dwellings. — **Entertainments:** Musical evenings, dancing-parties and lawn-tennis. — **Excursions and places of interest:** The mountains Mückenberg (in Bohemia), Schneeberg, Geisingberg, Spitzberg, the old castle and an interesting old church with a treasury of ancient art-works. — There is a Mountain- and Embellishment-Association at Lauenstein.

Leutenberg, Thuringia (Principality of Schwarzburg-Rudolstadt), a small town with abt 1400 inhab. Post- and telegraph-office, railway-station at Eichicht. — Excellent and cheap summer-sojourn; invigorating forest-air.

Marien-Quelle (spring) **Seeg** by Füssen (summer-spa in the Bavarian Allgæu) see »Seeg«.

Menzenschwand (Gd. Duchy of Baden). Climatic spa and summer-sojourn at the foot of the Feldberg. 3000 foot above sea-level. Post- and telegraph-office. — Höllenthal-railway-station at Titisee. — 1 1/2 hours distant from St. Blasien. Lies at the entrance of the Alb-valley, which is renowned for its natural beauties. The Feldberg (3000 metres high) lies towards the north in broad, mighty masses; the Alb has its source at the foot thereof. Gigantic mountain-spurs extend from both sides of the Feldberg, so that the valley, which is only open towards the south, is sheltered from every noxious, rough wind. Owing to its extraordinarily favored situation the climate is moderate and mild. The dust-free, aromatic mountain-air is invigorating and animating and the beneficial peace and quietness of the surrounding country enhances the enjoyment of the stay. The place may, therefore, be warmly recommended

to convalescents and to those in need of a change. It is also well suited to serve as a half-way-point for reaching higher-lying alpine districts and, moreover, and excellent place for following up the after-cures frequently needed after a course of baths, etc.

Gasthaus (Inn) and Pension (Boarding-house) zum Adler. The Kur-Haus (spa-building) zum Adler has been very considerably enlarged of late years and fitted-out with all the comforts expected in modern days. It contains, in addition to many strangers' rooms, a spacious dining-hall, reading- and society-rooms together with douche-bath-arrangements. Garden and park-like spaces surround the house. Well-kept paths, resting-places and points of view are found in the forest. There is much variety in the choice of excursions and forest picnics, etc. Trout-fishing and shooting are available. — **Excursions** of at least $^1/_2$ a day to: 1. St. Blasien, 2. Bernau, 3. Feldberg, 4. Lenzkirch, 5. Titisee, 6. Todtmoos, 7. Schluchsee; others, requiring a day, to: 1. Höchenschwand, 2. the romantic Schluch-valley, 3. the celebrated Alb-valley, the high way of which leads through 6 grand mountain-tunnels. — **Pension-prices:** For breakfast, midday-dinner (5 courses) and supper, 4 marks — for children under 10 years, less. Rooms, according to position and furnishing, from 1 to 4 marks. — **Railway- and carriage-connections:** The nearest railway-stations are: Titisee (Höllenthal), Albbruck (Albthal), Todtnau (Wiesenthal), with incidental posting-connection to St. Blasien — where, — as at the railway-stations — carriages may be ordered for going further.

Munich (Kingdom of Bavaria). 400000 inhab. Post- and telegraph-offices. Railway-station. Situated in a subalpine, tonic-giving climate 529 metres above sea-level. Has grown to be one of the healthiest cities in Europe, thanks to the splendid sanitary arrangements brought about as the consequence of Von Pettenhofer's agitation. Typhus has entirely disappeared from it and tuberculosis occurs only half as often as in other large cities. The high situation over the sea-level lends to Munich the character of a subalpine spa, notably to those coming from the lowlands. But, those who suffer from acute kidney-troubles and florid tuberculosis must exercise caution, as these are aggravated here, whereas all chronic complaints, more especially neuralgia neurasthenia, asthma, abdominal troubles, all experience perceptible improvement here. The near surroundings of Munich, more particularly in the Valley of the Isar, are both idyllic and imposing, whereas those more distant (notably the lakes in the Bavaria Highlands) constitute attractive day-trips.

Physico-medical-establishment, Schwanthaler-Bad, Munich (18 Schwanthaler Str.). The whole of the professors at the Munich-University and the best-known specialist-physicians honor the establishment with their confidence. — **Remedial agents:** 1) Zander's Medico-Mechanism for the Swedish treatment by motions with genuine apparatuses which have been personally tested by Dr. Zander in person. 2) Pneumatic-chamber of own make (highly mentioned by Court councillor Dr. Schmid of Reichenhall in Prof. Stietzings manual of therapeutics). 3) Hydrotherapy and electrotherapy. 4) Pine-needle-baths, alpine-herb-baths, carbonic acid-baths, etc. 5) Medical massage. — **Physician:** Arno Krüche, M. D. (Author of the manual of the practical water-cure-method and of various purely medical writings). — **Indications:** All kinds of chronic complaints except consumption and cancer. — The establishment is open all the year round. — **Divine service:** All confessions (including the Russian

and Greek churches, Mohammedanism, etc.). — **Patients** last year: 800. — The pension (boarding-house) »Daheim« (At home) is in the establishment-building. — The back-bone of the institute and the secret of its great success are found in the fact that each patient is independent of the rest, both therapeutically and socially. A course of treatment in Munich has this great advantage for the stranger that, so far as his health permits thereof, he may pick and choose his company and amusements, — as is the case in all large watering-places, but which is perfectly impossible in small ones. On the contrary, in the latter the patient is a foot-ball dependent on the humor of his host and on the egotistical inhabitants of the place, and he is, moreover, easily forced into purposeless expenditure. Less us but add to this the pleasant advantage of residing near the railway-station and the tramway routes, thus enabling one towards the end of his course of treatment to make the most gratifying trips into the glorious surroundings of Munich, as also into the Highlands, and yet be able to return at the proper time to sleep in his accustomed room screened from the vagaries of weather. These advantages, notably for him who comes out of the Lowlands, are such as few »health-restoring« spas can offer, and these advantages are all the greater inasmuch as, also in winter, a large city offers much that, without interfering with the course of treatment, leaves the partaker thereof with a pleasant memory for the rest of his life.

Neufriedheim by Munich (Kingdom of Bavaria). Post- and telegraph-office. Central railway-station: Munich. — Elevation 540 metres above sea-level. — For nearer particulars see under »Munich«.

Nerve-hospital Neufriedheim by Munich.

Medical-director: Dr. Ernst Rehm. — Two separate divisions: 1) for nerve-patients, 2) for those mentally afflicted. — Limited number of patients. — The park is so extensive that 36 hands would require a whole day to mow it; playing-grounds, library, etc. Forests extending for miles adjoin the establishment.

Neu-Schmecks [Bad = spa] (Ujtátra). Post- and telegraph-office at Ujtátra. Railway-station at Poprad-Felka on the Kaschau-Oderberger Line. Geographical position: Upper Hungary (Hohe Tátra), 1004 m. above sea-level, in the midst of a fir-forest extending for leagues. — Subalpine climate producing eminently soothing effects. Almost idyllic purity of both air and water. Sheltered, wind-calm situation.

Remedial agents: Water-cure establishment, mountain-pine-needle- and moor-baths, inhalatorium and open-air treatment. — **Chief physician:** Dr. Nikol. von Szontagh, Royal councillor. **Assistant physician:** Dr. Kolonan von Kuthy. — **Symptoms:** Nervous disorders, such as neurasthenia, hypochondria, incipient lung-phthisis, cardiac affections; has a high reputation for cases of Basedow's disease (cachexia exophthalmica or goggle-eye sickness). — **Season:** 15th May to 30th September. — **Visitors' tax:** 1 florin per week per head. — **Divine services:** Rom. cath. and evang. Augsburg confession. — **Attendance** last year: 2460 persons. — **Hotels:** 1st class: Europa, Budapesth, Neues Sanatorium; 2nd class: Altes Sanatorium, Erica, Silene, Myosotis. — **Entertainments:** Spa-band, balls, concerts, tombola, races, pigeon-shooting. — **Excursions** in all directions among the heigths of the Hohen Tátra (see Dr. Szontagh's Tátra-Führer = Guide-book).

Niendorf, on the Baltic (sea-side and climatic health-resort). — Topographical: Niendorf, which has acquired a notewortly importance within the last decade, lies 3 miles to the north-west of Travemünde in the Principality of Lubeck. It extends for the best part of 3 miles along the (at this part) free strand of the Baltic. Immediately adjacent to the spot, also running along the sea-shore, is an extensive pine-forest. Niendorf lies, in fact, in a beautiful, richly timbered locality. This rare combination of forest and sea constitutes a special advantage of this sea-bathing-place and gives to it at the same time the character of a climatic health-resort. — Climatic, etc.: Niendorf, thanks to its situation, enjoys a climate distinguished in general by an agreeable degree of humidity, an atmosphere charged to an important extent with ozone and an enjoyably moderate temperature. Storms are comparatively rare and not of a serious character. The sea lies northwards and it is owing to this fact that the out-look onto the sea never has a dazzling effect, because the sun is at the back of the gazer almost the whole day long. This sea-bathing-resort belongs to those of the Baltic sea-side places which are richest in respect of saline proportions, for it lies at the western end of the Baltic and there is no river-mouth to dilute the proportion of salt. Owing to the far-extending, unimpeded strand, Niendorf has always a strong motion of the waves.

Remedial agents: These consist, in addition to the ozone-rich sea- and forest-air (to the enjoyment of which the wide-spreading, smooth strand, which is not rendered objectionable by ill-smelling sea-weeds, and the shady and comfortable forest-paths contribute) of vigorous sea-water-baths, both hot and cold. The summer-temperature of the water varies between 12 and 18 degrees. The cold sea-baths resemble the bathing-places on the German Ocean in consequence of the generally strong waves and the high percentage of salt. The charge for such baths is, for grown-up persons, 30 pfennigs per bath or 3 marks per dozen, and, for children, 20 pfennigs per bath or 2 marks per dozen. The charges for hot sea-baths are: for grown-up-people: single baths, 1 $^1/_2$ marks or 15 marks per dozen, for children 1 mark per single bath. Opportunities are available for milk-, whey- and spring-water-cures. Good drinking-water (from artesian wells). — The season begins on 1st May and lasts until the 15th October. — **Indications:** In consequence of a mild and yet invigorating climate, which is brought about by the dual-action of sea- and forest-air, Niendorf is suited not only to the combatting of conditions of debility and as a place for bodily and mental refreshment, for it also deserves special recommendation as an excellent resort for the overcoming of constitutional anomalies such as chlorosis, anæmia and rickets, as a valuable assistant in the treatment of scrofula, incipient tuberculosis, chronic catarrh of the throat and larynx, asthma and emphysema. It is also to be recommended for all ailments against which warm and cold sea-water-baths are prescribable, such as general nervousness, neuralgia, rheumatism, exudations and individual diseases of women and it is, moreover, a suitable place for following up after-cures necessitated by such trying courses of treatment as those followed at Carlsbad and such-like spas. — Local physician Dr. Krause, (who is at the same time bath-physician to the neighbouring »Timmendorfer Strand«). — **Residential conditions:** Niendorf has a post- and telegraph-office and also telephonic connexion with Travemünde, Lübeck, Hamburg, Kiel, etc. — Dwellings (nearly 1000 rooms) are to be obtained in hotels (10), private houses and villas (abt 60) and may be had at all kinds of rates, by the week or by the season. — **Hotels** in alphabetical order: Bellevue, Elisabethbad, Germania, Johannsen's, Kaiserhof, Ostsee, Schöne Aussicht, Stadt Ham-

burg, Strand, and Westend. The table d'hôte-prices in the hotels are M. 1,50 to M. 2,00 (by subscription cheaper); for daily board M. 4,00 to M. 4,50, lodgings M. 10,00 to M. 24,00 per week. Rates for private dwellings, according to position, size and furnishing, M. 30,00 to M. 50,00 per month. — **Visitors** last season: 3600. — **Entertainments, etc.:** Niendorf offers much variety in this respect, namely: Reunions, garden- and children's parties and fêtes, rowing- and sailing excursions, sea-fowl-shooting, steam-boat-trips to adjacent bathing-places and all these tend to make the stay pleasant and varied. Pleasant inland excursions are those to: Wittinghaafholz (an adjacent oak-forest), the Braaschholz (a glorious beechwood) with the »Räuberkuhle« (robber-cave), and the »Prinzenhöhe« (princes' heights), the Wohld and the Kammer (equally fine beech-forests); furthermore, the Hemmelsdorfer See (lake) with the Möveninsel (sea-gull-island), the Brothener Ufer with the »Seetempel« (sea-temple) and the »Schöne Aussicht« (lovely view), the Gneversdorfer Mühle (mill), the Hünen-Grab (tomb) by Poppendorf, the Ratekauer-Höhe (heights) by Ratekau (where Blucher capitulated) and many other points. — **Itinerary:** Niendorf can be reached from Berlin in $6\,^1/_2$, Hanover in $4\,^1/_2$, Hamburg in $2\,^1/_2$ and Lubeck in $1\,^1/_4$ hours. The most convenient connection with Niendorf is via Travemünde, thence by post-chaise, hotel-carriage or good cab (droschke) in half an hour or per steam-boat running in connection with the Hamburg-Lubeck fast trains. — **Information:** All enquiries are gladly answered by the Commission of the Baltic sea-bath, Niendorf, and also by the bath-physician Dr. Krause.

Oeynhausen [royal bath], summer- and winter-spa (Prov. Westphalia, Prussia). Abt 3200 inhab. Post- and telegraph-office. Railway-station on the Berlin-Cologne and Löhne-Hildesheim systems. — 71 metres above sea-level. In the government-district and circuit of Minden, in a valley intersected by the rivers Werra and Weser and shut in at north and east by the forest-clad Weser mountains. — The climate is mild and pleasant.

Bath-director: Morsbach, Royal mountain councillor. — **Remedial agents:** Natural waters, carbonic acid thermal baths, brine-baths, brine-inhalation, wave-baths, graded air, massage, electrisation. Orthopædic establishment. Excellent whey- and milk-cure institute. Chief results of the thermal springs at Boring No. 1: chloride of soda 31,67 gr, solid parts 40,92 gr. Absorbed carbonic acid in 1 litre of brine 1082 c. c. m. Specific weight 1,0333. Medium temperature at the outflow $33,25^0$ C. — **Physician:** Drs Aly, Cohn, Huchzermeyer and Koch, Sanitary councillors Drs Lehmann, Rinteln and Sauerwald, Drs Lehmann junr, Oetker, Reckmann and Rohden and Privy sanitary councillor Dr. Voigt. — **Cases treated:** Disorders of the nerves, brain and spinal marrow, gout, muscular and joint-rheumatism, heart-troubles, scrofula, anæmia, chronic inflammation of the joints, diseases of women, etc. — **Summer-season:** 15th May to 30th September. **Winter-season:** 1st October to 14th May. — **Visitors' tax:** 1 person 15 marks, each extra one 6 or 3 marks, etc. — **Divine services:** Protestant and catholic. — **Attendance** last year: 8138 patients, 20215 pleasure-seekers, 117115 baths. — **Hotels:** Kurhotel, Vogeler, Pavillon, Kronprinz, Victoria, Rose, Börsenhalle, etc.; board and lodging in numerous villas, etc. — **Entertainments:** the large town-orchestra, extensive Kurpark, theatre, balls and concerts. — **Excursions and objects of interest:** Porta Westfalica, Bergkirchen, Luhdener cliffs, the Lohe, the Hermann memorial, the Extern rocks, etc.

Olbernhau (Kingdom of Saxony). Moor-water-bath with central heating. Over 7000 inhabitants. Post- and telegraph-office and railway-station. — Grünthal station 3 minutes distant. — 463,78 m. above the Baltic, with air-hut and beautifully laid-out grounds. — Mild, wholesome and ozone-rich air; grand results.

Bath-owner: Aug. Enzmann. — Spring-water in the house; good results. — **Resident physician:** Dr. Eberle. — **Seasons:** Summer and winter. — **Lodgings** 3 to 10 marks weekly. — **Bath-prices:** 1st class 80 pf., 2nd class 40 pf. Steam-baths 1 M. 20 pf.; combination-baths at various rates. — Good hotels and inns close to the establishment. — A Kurhaus (spa-building) is in course of construction.

Pausa [bath], moor- and mineral bath in the Saxon Vogtland. Founded in 1739; 4 minutes from the railway-station, abt 5000 inhab. Post- and telegraph-office. Station on the Plauen-Mehltheuer-Weida-Railway. — 400 m. above sea-level. Surrounded by beautiful scenery, affording attractive excursions, excellent atmospheric conditions, owing to the adjacent large needle-(fir-)forests with their aromatic exhalations. — Climate mild and remarkably exhiliarating to both body and mind, thanks to the air, which is richly charged with oxygen.

Proprietor: P. Friedrich. — **Remedial agents:** Moor-, iron-, mineral- and sulphur-baths, pine-needle-extract- and Russian baths, douches, fir-needle-vapor-inhalations, massage, etc. The 4 springs and 1 sulphur-spring are the: Gottesgeschenk (God's gift), Albert-, Carola, Sophia and Friedrich Springs. These are exceeding rich in mineral components, especially iron (iron oxide 0,0967), carbonate of iron 0,3690, lime 0,1263 %, and are especially suited to



drinking-cures for anaemic and weak persons. — **Physician:** Melchior, M. D., Knight of various orders. — The disorders against which the waters of Bath Pausa have been used with most excellent effects, as is evidenced by the experience of many years, are: All rheumatic and gouty forms of disease, ischia, podagra, rheumatism of the muscles and joints, disturbances in the circulation of the blood, poorness thereof, chlorosis, diseases of women, scrofula, nervous troubles, migraines, neuralgia, weak nerves, hysteria, hypochondria, neurasthenia, nervous palpitation, palsy, hardening of the muscles and glands, general debility, insomnia, chronic bronchial catarrh, etc. — The bath is open all the year round. — **Visitors' tax:** 2 1/2 marks per week. — **Divine ser-**

vice: Evangelical. — **Attendance** last year: 1100 persons. — **Board** in the Kurhotel at 3 marks per day; rooms from 7 to 20 marks per week. — **Entertainments** of all kinds in plenty. — **Excursions** to Plauen, the Castles Burk, Heinrichsruh, Sehleiz, etc. ☞ See also advertisement. ☜

Petanz [Hungary]. Telegraph- and railway-station at Radein, post-office at Radkersburg.

Petanz Sauerbrunnen is the chalybeate spring which surpasses all other European ones in its wealth of carbonated soda-, lithium-contents. It is certified to by the Royal Hungarian Ministry as a curative water and ranked with the celebrated »Bilin-water«. — Used with extraordinary effect in various troubles of the stomach, gall, bladder and kidneys, gouty symptoms, sluggish digestion, catarrhal complaints, etc.

Proprietor: Prof. Josef Vogler, Hon. Memb. of the Royal Academy at Chieti-Florence. — **Annual consumption:** One million bottles. ☞ See separate advertisement. ☜

Pöstyén (Pistyán) in Upper Hungary. (Fast-train-station on the Royal Hungarian State-Railway.) The spa Pistyán — a place-of-cure in the truest and most earnest sense of the word — is classed among the sulphur-springs, owing to its hot sulphur thermal waters, but no other spa is analogous to it. — At the outflow of the springs are found deposits of a fine butter-like mineral mud in such quantities that it is widely used for curative purposes. — According to the reports given by eminent medical authorities in the Vienna, Budapesth and London Universities: »Pistyán must not be placed on a like footing with other sulphur thermal springs, for it stands quite alone in respect of its therapeutic importance.« — The several-century-old history of Pistyán affords the best proof of the correctness of this assertion. — Year by year sick persons come to Pistyán who cannot otherwise endure warm baths, because the use of the above-mentioned mud renders a curative treatment possible even to weak persons (young children and aged persons); such seek a cure after having vainly tired many other courses of treatment and, mostly, not in vain! —

Indications: Gout and rheumatism of all kinds, neuralgia, (ischias), tuberculosis, troubles of the joints and muscles, the consequences following upon broken bones, strains, skin-diseases, disorders of the blood, etc. — With an indefatigable administration at the head of it, the thorough reconstruction of this place-of-cure was begun some years ago. — Several hundred excellent dwelling-rooms were added to the Curhotel and the adjoining villas in the park and such have met with every appreciation, thanks not only to the thorough order observed but also owing to the cheap prices which rule. A saloon, together with splendid dining-, coffee-, play- and reading halls, was erected; to these was shortly afterwards added a theatre in which performances are held in various languages. — The new bath-establishment (to be opened in the spring of 1898) will offer the greatest perfection in respect of hygiene and comfort to the patients. All these buildings are located, free from exposure to dust, in the glorious Curpark, which is hundreds of years old and covers 12 hectares, and this enormous area materially contributes to the enjoyment of the stay and to the recovery of the sick. — Pistyán is now thoroughly »up to date«. — An international place-of-cure where all ranks and all nationalities are represented and where,

consequently, everybody may find company and entertainment. Members of royal houses (Princess Pauline of Wurtemberg, Prince of Bourbon, His Highness Count Bardi, and many others). In consequence of its character as a truly thorough place-of-cure provision is also made for humane-institutes. The Officials' Home at a pension (board- and lodging-charge) of 2 fl. 10 kr. and upwards per day, and a Workmen's Sanatorium, with a »pension« of from 67 kr. and upwards per diem, are special and unique institutions which have met with approval on all sides. — The medicinal mud (known as Schlamm) is also available for domestic and home-use. All information furnished on application to the »Bade-Direktion, Pistyán, Ober-Ungarn«. ☛ See also separate advertisement. ☚

Radein [Bad] (Styria). Post- and telegraph-office and railway-station. 208 m. above sea-level on the Styrian and Hungarian frontier. Surrounded by forest-clad heights in glorious park-like scenery. — Mild climate, pure, dust-free air.

Remedies: Drinking-cure (Radein Sauerbrunnen or Chalybeate-spring, a celebrated soda-lithion water); baths (one iron-spring) and, in addition thereto, steam-baths, douches and massage. — **Indications:** Diseases of the bladder and kidneys, digestive disturbances, etc. — **Season:** 1st May to 30th September. — Petanz is in the neighbourhood, that place having the chalybeate spring which is the richest in Europe in carbonate of soda-lithion, and is known as »Petanzer Sauerwasser«. More particulars are given under »Petanz« and in the annexed advertisement.

Rastenberg i. Th. (steel-bath). Incorporated with Stahl-Bad Finneck (Gd. Duchy of Saxe-Weimar-Eisenach). Climatic place-of-cure and winter-resort. 2000 inhabitants. Post-, telegraph and station on the Weimar-Rastenberger railway. — 310 m. above sea-level; close to the forest; charming district, park and ponds, art-gardening. — Finneck-Rastenberg has the great advantage, thanks to its sheltered situation and mild pure air, of being available also in winter for those suffering from overwork and the nerves and who are deterred in the summer-time from seeking rest and restoration.

Bath-direction: Gross, M. D., proprietor and manager of the united steel-baths of Rastenberg and Finneck i. Th. — According to the analysis of Prof. Dr. Ludwig of Jena, the two mineral springs, which are directed into the bath-house, contain to 1000 grammes of water:

of salts:	Segens-Brunnen.	Fr.-Quelle.
chloride of sodium	0,0069 gr.	0,0040 gr.
,, ,, potash	—	0,0056 ,,
sulphuric acid potash	0,0091 ,,	0,0148 ,,
,, ,, soda	0,0037 ,,	—
bicarbonate of soda	0,0014 ,,	—
,, ,, lime	0,1060 ,,	0,1502 ,,
,, ,, talcose earth	0,0518 ,,	0,0675 ,,
,, ,, iron-oxide	0,0210 ,,	0,0135 ,,
,, ,, mangan-oxide	0,0040 ,,	0,0011 ,,
silicic acid	0,0094 ,,	0,0092 ,,
phosphoric acid (phosphoric-acid lime 3 CaO, P_2O_5)	(0,0028) ,,	(0,0020) ,,
organic matter	0,0118 ,,	0,0112 ,,
	0,2288 ,,	0,2791 ,,
disengaged carbonic acid	0,0359 ,,	0,0004 ,,
cubic centimetres	10,2 ,,	32,00 ,,
temperature (C.)	10,5° ,,	15° ,,
specific gravity	1,0002 ,,	1,00035 ,,

Medical staff: Drs Gross, Vinke and Grebner. — **Cases treated:** Chron. rheumatism, gouty deposits, special marrow-, hæmorhoidal, nervous complaints, etc. — **Summer-season:** 15th April till October. **Winter-season:** October till April. — **Visitors' tax:** 1 person 6 marks, 2 persons 9 marks, 3 or more persons belonging together 12 marks; for short stays partial abatement. — **Divine service:** Evangelical. — **Attendance** last year: 350 patients, without counting pleasure-seekers. — **Hotels and inns:** 1st Hotel Bad Finneck with park and pond, art-garden; Kurhaus Rastenberg; Gasthof Reuschel; Erbprinz; Bahnhof. — **Entertainments:** Reunions, concerts. — The landscape-situation is well suited for excursions as well-kept, level, shady ways lead from the Kurhaus Hotel at Finneck and from the Kurhaus at Rastenberg to extensive woods and fir-forests. — These medicinal springs have been in use since 1645. In 1696 the Dauphin of France, Prince Jacob Sobiesky of Poland and the Dukes of Meiningen, Römhild and Eisenberg were numbered among the guests. The bath came into favor again in 1867.

Rosenheim (Upper Bavaria). Railway-systems: Munich-Salzburg and Munich-Innsbruck. Over 11 200 inhab. Central point of 5 railway-systems. Post, telegraph and telephone. — Near the Bavarian Alps. 450 m above sea-level; in the midst of a neighbourhood rich in vegetation and forests. — The climate is a moderate one, owing to the adjacent mountains; it is comparatively mild, but not enervating; rather is it invigorating and refreshing. The air is excellent and specially suited to sufferers from the nerves and anæmia.

Sanatorium and spa »Kaiserbad« by Rosenheim. Upper Bavaria. **Owner:** Ferdinand Schweisgut. — **Remedial agents:** Excellently arranged cold-water-cure-establishment, based mainly on Kneipp's method. The institute possesses as its property a highly recommended »iron-spring« (humus-acid-iron) and, besides, brine- (Reichenhaller) and moor baths. Treatment strictly according to individual diagnosis. Massage, electrifying and gymnastics as required. — **Directing physician of the spa:** Friedrich Bernhuber, M. D., certified physician. — Suited to all complaints for which a hydropathic treatment is at all applicable, and especially for nervous disorders, gout, rheum., disturbances of the blood. — Open all the year round. **Visitors' tax:** 2 marks. — **Divine services** for catholics and protestants. — **Attendance** last year: Over 300 patients. — Almost without exception, the patients reside at the establishment, where the attendance is carried on under medical supervision. — If the nature of the complaint does not make this imperatively necessary, lodgings can be obtained in the town, at inns or private houses. — **Entertainments:** In the institute itself billiards, skittles, croquet, reading-room and music. — **Excursions:** The favorable situation as a central-point enables the visitor to make numerous highly interesting trips into the mountains, as also into the lower lands and into the towns, in short, to take part in such as are suited to the state of one's strength. — All desired information gladly given by the proprietor, as by the resident physician.

Sachsa [Spa] on the Southern Hartz (Kingdom of Prussia, prov. Saxony). 2000 inhab. Post-, telegraph- and railway-station. At the foot of the Ravensberg (670 m. high).

Director of the spa-management: Burgomaster Schunorth. — Bad Sachsa is a climatic place-of-cure. — **Physicians:** Sanitary councillor Dr. Schötensack and Dr. Oppenheim. — **Season:** 15th April to 15th September. — **Taxes:** 3 to 6 marks. — **Divine service:** Evangelical. — **Attendance** last year:

2500. — **Hotels:** Schützenhaus, Rathskeller, Kurhaus, Roeder, Ratzenstein and Eulingswiese. — **Entertainments:** Spa-concerts and excursions in common. — **Excursions to:** Lauterberg, Wiesenbeeker Teich, Stöberhei, Walkenried, Andreasberg and Braunlage. — Sachsa has a school of art, science and language with a one year's voluntary right to attend a High (boarding) School for Girls. Cheap resort, only 30 % communal tax.

Salzdetfurth, a bromic-brine-spa (Kingdom of Prussia, prov. Hanover). Market-town. 1200 inh. Post and telegraph. Railway-station at Düngen (Löhne-Vienenburg line). An omnibus meets every train. — Salzdetfurth lies on the spurs of the Hartz mountains and can hold its own with the most favorite spas etc. of Germany in respect of situation and surroundings. All round it are splendid oak-, beech- and pine-forests. — The climate is regular and mild. The place is thoroughly sheltered against rough winds and dust-charged air. The various grades of work at the salt-pans emit a beneficial moisture through the, otherwise, dry valley. —

Bath-owner: H. Fäsing. — **Remedial agents and courses of treatment:** Pine-needle-, iron-moor- and other medicinal baths prepared; all customary natural and artificial mineral waters kept fresh in stock, whey-treatment, where applicable. Many years' experience prove Salzdetfurth to act beneficially, notably in the following cases: Chronic diseases of the bones, joints and glands, osteomalacia, rachitis, fungous inflammation of the joints, rheumatism, catarrh of the nose, ears and bronchiae, diseases of women. — **Physicians:** Drs Müller and Wahle. — **Season:** 1st May to end of September. — **Taxes:** 1 person 9 marks; 2 persons 12 marks, largish families 15 marks. — **Divine services:** Lutheran and catholic. — **Attendance** last year: 1500 patients. — **Hotels:** Zum Kronprinz and Boarding-house of 1st rank Kursaal; **inns:** Blanke, Grumbrecht, Brand, Thieman and Richter. — **Entertainments:** 2 concerts daily by the spa-band; conversazione every Wednesday. — **Excursions to:** Griesberg, Welfenhöhe, Hammersteinhöhe, Emilienhöhe (superb view), Kaiser Wilhelm's Blick. **Wider ones:** The Earl's Park at Söder, Derneburg, Walshausen, Bodenburg, Wohldenberg and Winzenburg.

Schöneck [air-bath] in the Saxon Vogtland. 4200 inhab. Post, telegraph and railway-station. — A mountain-town in the middle of the Vogtland, 2 hours walk from the Austrian frontier. 768 m. above the Baltic sea-level. »Fair corner« (the English equivalent of its name) is one of the most beautiful spots imaginable, with grand pine-forest, wholesome air richly charged with ozone (of extraordinary effect) with glorious panoramic views. —

Administration: Albin Funk, owner of the Hotel Schützenhaus and Pension. — Pure mountain air and aromatic meads are the only remedial agents used in this summer-resort. — **Physician:** Proff, M. D. — **Summer-season:** May to September. **Winter-season:** Beginning of December to end of February. — No visitors' tax levied. **Divine service:** Evang.-lutheran. **Attendance** last year: Abt 200. — **Hotels:** Schützenhaus (1st rank); Rathskeller (2nd rank); Deutsches Haus (3rd rank). — **Entertainments:** Concerts, theatre, etc. in the Hotel Schützenhaus. — **Excursions to:** Bad Elster, Carlsbad, Marienbad, Franzensbad, Schneckenstein, Zwota, Markneukirchen, Werda, the Rittergut Schillbach and many more too numerous to mention. — Prospectuses through the »Sommerfrische« Association.

Schöningen [brine-bath] (Duchy of Brunswiek). Town with 8000 inhab. Post- and telegraph-offiee of 1st rank. Railway-station on the Magdeburg-Börsum line. — On the eastern slope of the Elm Forest. 230 m above the Baltie. The Elm Forest, with its wealthy growth of beeeh- and fir-trees, furnishes ample opportunities for pleasant and varied exeursions. — Climate sedative. — The spa is protected against west and north winds by the Elm Forest.

Proprietor: H. Loof. — **Remedies used:** Strong 27 % brine and motherlye (eontaining also iodine and brome); every elass of preparation produeed by the addition of waters, and, in addition thereto, Russian, Roman and swimming-baths. — **Physicians:** Sanitary counceillor Dr. Creite, Dr. Kuthe senr, Dr. Georgi, Dr. Paul Kuthe and Dr. Saake. — **Indications:** Special results in rheumatism, riekets, serofula and diseases of women. — **Season:** Beginning of May to end of September. — No visitors' tax. — **Divine services** in 2 protestant and 1 eatholic ehureh. — **Attendance** last year: Abt 400. — **Hotels:** Kurhaus, Stadtkeller, Kaiserhof and Bahnhof. — **Entertainments:** Theatre and eoneerts all the week. — **Excursions and objects of interest:** Stadt Helmstedt with spring, eastle and park at Harbke, Sommerschenburg and Marienborn, ete.

Seeg by Füssen (Bavarian Allgæu.) 1200 inh. Post-, telegraph- and railway-station. — The pleasantly situated village of Seeg with the spring **Marienquelle** (distant 2 1/2 miles), lies 854 metres above the sea-level and its railway-station lies on the local Oberdorf-Füssen-line, whenee Füssen may be reaehed by rail in half an hour. Seeg can be highly reeommended, on aeeount of its very healthy situation, its romantie surroundings and its vieinity to Füssen and Hohensehwangau, as a summer-resort.

Board of management: Dr. Horazeek, Teaeher Museh and Peter Hartmann. — The »Marienquelle« is a mineral water eontaining iodine and brome.



One liter eontains of iodide of natrium 0,01757 grammes and of bromide of natrium 0,0156 grammes. — **Physician:** Horazeek, M. D. — **Indications:** Serofula, skin-diseases (herpes), speeifie diseases of women, those of the sexual

and urinary organs, syphilis and its after-consequences, glandular swellings, goitre, respiratory and digestive troubles, etc. — **Divine service:** Catholic. — **Excursions and sights:** The Kings' castles at Hohenschwangau, Neuschwanstein, Linderhof, Füssen, Pfronten, Eibsee, etc. ☞ See also separate advertisement. ☜

Suderode [spa] (Kingdom of Prussia, prov. Saxony). 1300 inhab. Post-, telegraph- and railway-station. Brine-bath and summer-resort in the Hartz Mountains, with beautiful forests around and pleasant walks. 172 m. above sea-level.

Remedial agents: Brine-spring for drinking- and bathing-cures, pine-needle-, sulphur- and cold-water-baths, milk- and whey-treatment. — **Medical staff:** Drs Pelizæus (Sanit. counc.), Weihl and Wallstab. — **Season:** 15th May till October. — **Visitors:** Average 4000 persons. — **Entertainments:** Concerts and meetings. — Excursions in the Hartz Mountains. — **Hotels and private boarding-houses** with all comforts. ☞ See also the statements of San. counc. Dr. Pelizæus anent the sanitorium under »Suderode-Gernrode«. ☜

Suderode-Gernrode in the Hartz. Brine- and air-bath. (K. of Prussia, prov. Saxony.) 2600 inhab. Post- and telegraph-office. — Railway-station at Suderode. — At the foot of the Hartz Forest and close to extensive woods. Renowned for its mild and yet invigorating climate.

In addition to the 3 % brine-spring, the healthy air acts as a curative agent. The sanatorium of Sanit. counc. Dr. Pelizæus lies in the fairest spot of the place and herein nerve-patients and those who are run down find treatment based on scientific medicine, all the year round. Most frequently hydrotherapy, electrotherapy, massage and gymnastic courses come into use — combined with dietic-treatment. — Open all the year round. — For further information see under »Suderode«.

Thiessow on Rugen (Prussia, prov. Pomerania). 200 inhab. Post- and telegraph-office. Nearest railway-station at Sellin (8 1/4 engl. miles distant). — Most southern point of Rugen, 6 m. over sea-level, with water on three sides of it. Mild climate.

Bath-direction: Pilots Dumrath I and II. Pisch. — Thiessow is a cold-sea-bath. — **Physician:** Surgeon Dr. Söhrendt at Göhren. — **Season:** 15th June to 15th September. — No visitors' tax. — **Divine service:** Evangelical. — **Attendance** last year: 575 strangers. — **Hotels:** Hotel Mœnchgut, Strand Hotel (Propr C. Koos) and Westphal's Hotel, all first-class. — **Entertainments:** Trips inland, sailing, etc. — **Excursions** to all the seaside-places of Rugen, to the Hunting-Castle of Putbus, by water to the Oie, Ruden and Vilm. — Very quiet sea-side-life. Remarkably cheap private lodgings in abundance.

Tölz (Upper Bavaria) see »Krankenheil-Tölz«.

»Westerplatte« (Newfahrwasser by Dantzig), Baltic-sea-bath, place-of-cure and sanatorium. — Westerplatte lies opposite to the suburb of and port of Dantzig, from which it is separate by the Port-canal. — Neufahrwasser is the terminus of the branch-line Dirschau-Dantzig-Neufahrwasser of the Royal Eastern Railway Berlin-Eydtkuhnen and circular-tickets available for six weeks are issued at all the largish railway-stations. Neufahrwasser (with abt 8000 inhab.) has a post- and telegraph-office. — According to the tables of the German Observatory, the mean temperature in June is 16°, in July 18°, in August 16° and in September 13°. — The prevailing direction of the wind during this period is westerly.

Full particulars anent Westerplatte are furnished by the bath-physician, Dr. Holtz, the lessee of the sanatorium, Mr H. Reissmann, and the bath-inspector, Mr Bruchmann, all resident at the Westerplatte and by the Board of the »Weichsel«, Dantzig Steam-Navigation and Sea-bath (Jt Stk Cy), whose offices are at N° 84 Heilige Geist Gasse, Dantzig. — **Remedial agents:** Cold sea-baths, brine-sea-baths, carbonic acid-baths, all arrangements for Kneipp's cures, cold, warm and carbonic acid-steam-douches, carbonic acid-sitz-baths with carbonic acid-douches for sexual diseases of women, sweating-baths and Swedish gymnastics. Massage is performed by strong male and female masseurs. — The bathing-sanatorium is under the direction of the well-known and many years appreciated bath-physician, Dr. Holtz. — **Indications:** The sojourn by the sea and in the forest, together with the correct use of the cold and warm sea-baths, acts favorably on nervous complaints of different kinds, in asthma and in general-debility-cases as also in scrofula, etc. — **Season:** The first season is from 1st June to 31st July, the second one from 1st August to 30th September. The warm- and the curative-baths are already opened on 1st May. — The Kurhaus is open from the middle of April. — No visitors' tax. — **Divine services:** In the Neufahrwasser evangelical and catholic churches. — **Attendance** last year: 1050 persons. — The Kurhotel and private boarding-houses are on the spot. — **Entertainments:** Concerts, daily, except on Saturdays, given by first-class military-orchestras in the handsome Kurgarten, which is lit by electricity in the evening. Frequent illuminations and fireworks are given thereat. Conversazione, trips out to sea, to the men-of-war anchored in the roads, to the newly-founded sea-side watering-place, Hela, on the peninsula of like name, the new cutting of the Weichsel (Vistula) at Schiewenhorst and daily sea-trips to Zoppot. A large central place grass-plot is reserved in the grounds for the use of the guests in social games, and this comprises an enclosed lawn-tennis-court. A gymnastic and playing-ground is reserved for children and also an elegant donkey-carriage.

Wiesbaden (Prussia, prov. Hesse-Nassau). 75000 inhab. Post- and telegraph-office. Railway-station. — Chloride of natrium thermal springs at from 38 to 68° C. for baths and drinking. Besides the principal (hot) spring, »Kochbrunnen«, there are no less than 23 other springs charged with chloride of natrium. — Wiesbaden is a climatic spa for spring and autumn.

Remedial agents: In addition to the chloride of natrium thermal springs, electric-, pine-needle-, moor-, steam- and swimming-baths, grape-cures, whey-cures, open-air-cures and an inhalatorium are employed. — Cold-water-cures in the appropriate sanatoriums. — **Cases treated:** Diseases of the respiratory

organs, chronic catarrhs of the stomach and bowels, furthermore: gout and adiposity, rheumatism of the joints and muscles, joint-troubles, palsy in various forms, neuralgia, ischia, etc.

Dr. Lehr's Sanatorium, Bad Nerothal, Wiesbaden. The Valley of the Nero lies 120 foot higher than the city. The institute lies at the entrance thereof, amidst corporation-park-like grounds which run through the whole valley, at the foot of the Neroberg, which shelters it from the north. — The climate is very mild and yet in the summer it is 5 ° Réaumur cooler than in the middle of the city. The Nero Valley is not allowed to be built upon because it is reserved to serve as the principal lung of the city.

Remedial agents: Cold-water-, massage-, electricity-, milk- and diet-cures. As speciality: Bleeding; all kinds of baths and thermal baths. Dr. Josef Schubert, Staff-surgeon of the Landwehr (militia), proprietor and medical director. — The establishment is especially suited to those who suffer from blood and nerves, chlorosis, poorness of blood, and also against rheumatism, gout, etc. — Open all the year round. Chief season: 1st April to 15th October. — The institute passed into the possession of the present proprietor only half a year ago. — **Attendance** at present (winter-time) 120; in the summer about 3 times as many (about 500 annually). — **Entertainments:** Billiards, music-room, reading-room, heatable skittle-alley, gymnasium, lawn-tennis-court and croquet-lawn; in the winter own skating-rink. — The treatment by bleeding is, for modern times, a thorough innovation with perfectly startling results, and Dr. Schubert is the best-known champion of the same both verbally and in writing. His principal work on the subject appeared in 1896 at Stuttgart.

Wilhelmshöhe by Cassel. (Prussia, prov. Hesse-Nassau). Post- and telegraph-office and railway-station. 1000 foot above sea-level. Climatic health-resort with a glorious park, shady leaved- and pine-forests and celebrated water-works (cascade, etc.).

Dr. Wiederhold's Sanatorium at Wilhelmshöhe. Electro- and hydrotherapeutic establishment. Splendidly situated with a magnificent view over Cassel, the Fulda Valley and the heights that frame in the latter.

The institute is especially suited to those needing rest, the overworked and the nerve-sick, of all kinds, (excepting only those mentally afflicted, epileptics and sufferers from serious lung-troubles) and is open summer and winter. — **Remedies used:** Electrotherapy, cold-water-cures, diet, massage and drinking-cures. — Prospectuses gratis and post-free from the proprietor, Dr. Wiederhold, practising physician. ☞ See also separate advertisement. ☜

Medico-mechanical Zander-Institute, an establishment for curative gymnastics, massage, orthopædic and electric treatment, combined with all the various water-cure-methods, at **Wilhelmshöhe** by Cassel (151 Kronprinzen Str.). **Managing physician and proprietor:** Dr. (med.) Greger. — Telephone-conn. № 694. — Full particulars in prospectus.

ADVERTISEMENTS

of a number of

LEADING SPAS, CHALYBEATE AND OTHER SPRINGS, SEA-SIDE-, SUMMER-, WINTER- AND AIR-RESORTS, SANITORIUMS, ETC.

(Supplement to the »Pocket-Lexicon of Spas, etc.«)

THE NORTH-SEA-BATHS

on the

Isle of Amrum

Wittdün

and

Satteldüne

Illustrated Prospectuses

and

Itinerary

gratis only of the

Direction der Nordseebäder, Amrum.

Health-resort AUGUSTUSBAD

near

DRESDEN.

Railway-Station at RADEBERG.

Post and telegraph in bath-house.

Steel- and moor-baths.

HYDROPATHIC ESTABLISHMENT.

RESULTS
with
Poorness of blood,
Gout,
Rheumatism,
Diseases of women,
Heart-, Nerve-,
Spinal-, Stomatic-
and
Abdominal complaints.

Cheap, healthy and pleasant resort.

Prospectuses on application to
DIE BADE-DIRECTION
KURORT AUGUSTUS-BAD bei DRESDEN (Saxony)
or to the Bath-physician, **Dr. J. MEYER.**

Dr. Emmerich's Sanitorium

for patients suffering from the nerves, morphiumism and such-like diseases.

Abstension-cure without suffering.

Baden-Baden.

Prospectuses. (See Dr. E.'s »The cure of chron. morphiumism without compulsion or suffering.« H. Steinitz, Berlin.)

Med.-Dir. Dr. **Emmerich.** Assist.-Phys. Dr. **Hoersen.**

Private Sanitorium

Berolinum

for Mind- and Nerve-Patients, as also for Morphinists and Alcoholists.

Lankwitz near Berlin (Victoria-Strasse).

Direction:

San. Counc. Dr. **Jastrowitz,** Berlin, N. W. (Alt Moabit 131).

Drs. **James Fraenkel** and **Albert Oliven.**

Proprietors.

Railway-stations:

1) Wannsee-Line »Steglitz«.
2) Anhalt-Line Lankwitz-Victoria-Strasse.
3) Electric-Line Steglitz—Gross-Lichterfelde.

Baltic Sea-side-bath

BRUNSHAUPTEN

(Mecklenburg).

About 4 7/10 Engl. miles westward of Heiligendamm.

Proportion of Salt 12 %.

Remarkable for combination of sea and forest, the latter affording splendid walks close to the beach.

Near at hand is the »Kühlung«,
Mecklenburg's largest and finest foliage forest.

Cheap lodgings in comfortable villas.

Cheap Living.

Season 1896: 1018 guests.

Further particulars of the
Bade-Direction Ostsee-Bad Brunshaupten (Mecklenburg).

North-sea-bath Büsum

(Holstein). Railway-station.

Splendid leafy beach, reaching for miles and miles.

Invigorating sea-air. New warm bath.

Constant opportunities for sea-trips and seal-hunting, Sand-shoe excursions.

Most moderate prices.

Prospectuses of the
Bade-Direction, Nordsee-Bad Büsum (Holstein).

Baltic Sea-Bath
HEILIGENHAFEN,
Holstein.

Widely and favorably known. Air absolutely dust-free and pure.

Excellent bathing-area.

Admirable attention. Moderate prices.

Full particulars from:

H. Schmidt, Hotel Stadt Hamburg
J. Gripp, Hotel zur Börse
H. Dunker, Jägers Hotel
H. Burmeister, Zum Kronprinzen
J. Hesselbarth, Ostseebad Warteburg
F. Petersen, Bes. der Warderhalle
Joh. Eggers, Buchdruckereibesitzer

at
Heiligen-Hafen
(Holstein).

R. Neubauer & Co., Leipzig, Publishers.

Sea-side-resort

Heringsdorf.

Railway-Station.

Incomparable situation in the beech-forest and on the shore.

Well suited also for air-cures in spring and autumn, owing to its sheltered position.

Excellent Warmbath-Institute.

Sea-, Freshwater-, Moor- and Carbonic-acid-baths.

Saline baths with natural saline from newly bored spring.

Swimming-lessons in the inland saline sea.

Splendid, refreshing sea-air on the

Kaiser-Wilhelm Pier

which runs out 413 mètres into the sea.

All steamers touch thereat.

Deer-park. Tennis-courts.

Best milk for children from a Sanitary Dairy.

Lodgings in all dimensions,

by the week or for longer periods.

Particulars of lodgings in Municipal Bureau, 4 Wilhelm Str.

Full information on application to the Bade-Direction or to the Gemeinde-Vorstand, Heringsdorf.

Season 1896: 10000 guests.

The Bath-Direction. The Municipal Council.

Opening of the sea-bathing: 1st June,
of the saline-baths: 24th May.

Kolberg

was visited in 1896 by 9332 **actual patients;** visitors during the season: over 20,000. Railway-summer-circular-tickets. **Newly laid on fast train from and to Berlin.** Steamer-connexion with Bornholm, Copenhagen, Heringsdorf and Rügen. Telephone-conn. with Berlin, Stettin, and other cities.

Kolberg

combines sea- with natural saline-baths. Strong waves. Beach of fine smooth sand free from stones and mud. Warm sea- and carbonated saline-baths. Steam- and moor-baths, inhalatorium, hygienic gymnastics and massage. Extensive park- and garden-walks. Promenade of $4^{7}/_{10}$ Engl. miles along the downs.

Sea- and saline-baths.

KOLBERG

Sea- and saline-baths.

Sea- and saline-baths.

Kolberg

has a high-pressure water-conduit, sewers and munic. Slaughter-houses. Good milk, whey and all kinds of mineral waters on sale for drinking-cures. 15 physicians, 3 chemists. Large pier into the sea.

Kolberg

has its own theatre and opera-house. Military band, play-grounds and reading-room. Water and forest corsos. — Reunions, — balls and children's fêtes.

Extensive choice of lodgings at moderate prices.

R. Neubauer & Co., Leipzig, Publishers.

Heilanstalt (Sanitorium)

BAD LAUBBACH,

near Coblence o/Rhine.

Glorious and very sheltered situation

in a wooded side-valley by the Rhine.

Specially suited to

Chronic diseases

of the organs of the chest, of the throat, nose, the whole matter-changing-system and the nervous-system

(mild hydropathic treatment).

W. Achtermann, M. D.,

Propr and med. director,

formerly medical director at Dr. Brehmer's Sanitorium, Görbersdorf, Silesia.

Court Councillor **Dr. Steinbacher's**
Hydropathic Sanitorium,

BAD BRUNNTHAL,
MUNICH,

surrounded by glorious park-like grounds on the bank of the Isar.

Hydropathic institute long renowned on both sides of the Ocean.

Results principally in sicknesses arising from the change of matter, disturbances in digestion, neurasthenia, chronic catarrhs and sleeplessness.

Propr: **Steinbacher;** med.-dir.: **Dr. Lahusen.**

Excellent, careful treatment, absolute repose in a dust-free situation; conscientious diagnosis and individual medical attention.

Treatment limited to 40 patients.

Prices vary according to size and accommodation of rooms, but are moderate throughout.

Full particulars by prospectus sent gratis and post-free.

——— Inspection gladly allowed. ———

Sole alkaline thermal spring in Germany.
40° C. arsenical and lithionic contents.

Neuenahr.

Bathing- and drinking treatment, inhalations, massage.
Thermal waters forwarded.

Splendid curative results in catarrhs of the head of the larynx (influenza and its consequences), of the stomach, bowels, bladder, in cases of gall-stones, complaints of the kidness and liver, diabetes, gout, rheumatism and diseases of women.

Mildly laxative and strengthening to the organism.

Pamphlets gratis through the Direction.

Itinerary: Cologne—Bonn-Remagen, or Coblence—Remagen—Neuenahr.

Bad Pausa

(founded in 1739)

in the Saxon Vogtland.

Open all the year.

4 min. from Station.

Station on the Mehltheuer-Weida-Line,
most favorably known on account of its richly-charged
mineral-, moor-, steam-, pine-needle-baths and pine-needle-inhalations,
its
mineral-water-drinking-cure
against
gout, rheumatism, podagra, palsy, diseases of women, anæmia, chlorosis, nervous disorders
and such like.

All modern comforts.
Lodgings and full care and attendance at the institute.

Fullest particulars gladly furnished by
P. Friedrich, Proprietor,
or
Dr. med. **Melchior** (Knight, etc.),
Bath-physician.

Bad Pistyán,

Upper Hungary.

First-class-station.

Summer and Winter resort.

One of the most specific chalybeate springs in Europe.

Sulphur-thermal and mud-baths.

The mud — produced by the constant deposits from the hot sulphur-springs — is applicable in its natural, warm state, and affords a series of curative treatments, which **by far exceed all other balneological adjuncts.**

Every comfort provided for.

Particulars of the Bade-Direction.

Petanzer Sauerwasser

(Petanz Mineralwater)

close to **Radein.**

Most highly charged carbonated natron-lithion chalybeate water.

Declared by the ministry to be a **curative-water** of equal value with the renowned BILIN-waters.

Introduced into the Papal and Royal Palace at Rome.

Mixes admirably with wine.

In the 15 years of its existence the spring has gained eleven leading prizes.

Proprietor: Prof. **J. Vogler**, Hon. Mem. of the Royal Italian Academy at Chieti-Florence.

Annual turnover one million bottles. — On sale.

Sassnitz

Baltic Sea-Bath on the Isle Rugen.

Charming, protected situation; fresh, animating and never sultry but warm air. Glorious beech forest. Hotels and lodgings for all requirements. Fast-train-conn. between Berlin and Sassnitz. Steamer-conn. in all directions. Prospectuses gratis from

die Bade-Direction.

Junction of the Leipzig-Meuselwitz-Ronneburg and the Gössnitz-Gera Lines.

✳ BAD ✳ RONNEBURG

S. Altenburg.

Mineral water-, pine-needle-, saline-, douche-, steam- and carbonated steel-baths.

This celebrated old health-resort may be highly recommended for all sicknesses arising from derangements of the blood and disturbances of the functions of the nervous system.

— Not the place for sybarites. —

Greatest imaginable repose, healthy air and beautiful surroundings.

Particulars gladly furnished by the

Ducal Bath-Inspection.

THE SUMMER-RESORT and -SPA,
MARIENQUELLE (SPRING) SEEG,

furnishes a Mineral-Water containing iodine and bromide

which is used for drinking-cures, bandages, inhalations, etc.

1 Liter contains: of Natrium iodatum (Na J) 0,01757 grammes,
„ Bromnatrium (Na Br) 0,01560 „

The iodised water of Marienquelle, Seeg,

is effective against SCROFULA, SKIN-DISEASES (HERPETIC ERUPTIONS) and, notably, against the majority of specific COMPLAINTS OF WOMEN, (in FLUOR ALBUS — LEUCHORRŒA or THE WHITES — it has already produced the most satisfactory results), as also in diseases of the SEXUAL and URINATING ORGANS, SYPHILIS and the consequences following thereon, in GLANDULAR SWELLINGS, STRUMA (GOITRE), in ailments of the RESPIRATORY and DIGESTIVE ORGANS, etc.

To be had direct of the

ADMINISTRATION of the MARIENQUELLE, SEEG
by **FUESSEN**, BAVARIAN ALLGÆU.

Sample-parcels of the MARIENQUELLE-Waters sent gratis and post-free on application to Professors and Physicians for the purposes of experimenting with and demonstrating the same.

KOENIG-WILHELM-BAD (King William-Bath),
SWINEMÜNDE.

Establishment holding a first rank among the Baltic sea-bathing places.

Thoroughly renovated after being taken over by the present proprietor; about 200 rooms.

Well-Sheltered Casino on the beach

accommodating abt. 2000 persons and surrounded by garden and park-like-plantations.

Splendid sea-view.

Warm sea-, saline- and moor-baths. — Table d'hôte and diners à part.

Dwellings, lodgings and single rooms at reasonable prices.

— Board, if desired. —

Excellent cooking, pure Wines. — Genuine and Stettin Beers.

Timely notice requested.

— Physician, post and telegraph in the hotel. —

Omnibuses to trains and steamers.

J. Maass, Stettin, Owner. **J. C. Schelle**, Director.

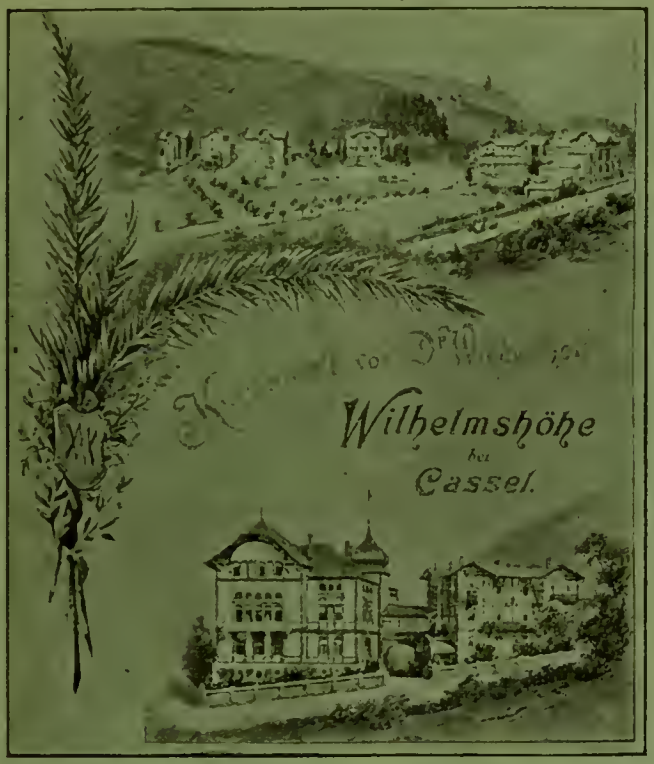
R. Neubauer & Co., Leipzig, Publishers.

Dr. Wiederhold's Cur-Anstalt (Sanitorium),
WILHELMSHOEHE, by Cassel.

Oldest and largest of such subsisting institutes.

Over 100 rooms distributed in 6 Villas.

Open summer and winter



for hydro-therapeutic, electro-therapeutic and dietic treatment.

Full particulars sent by prospectus, gratis and post-free.

BALTIC SEA-BATH
ZINNOWITZ.

Dwellings,

containing from 1 to 8 rooms, large and small, in the

Reichardt Villas,

on the Glienberg by the Wald-Str.,

close to the forest, surrounded by the park, 5 minutes walk from the beach, with a sea-view, are still to be let.

R. Neubauer & Co., Leipzig, Publishers.